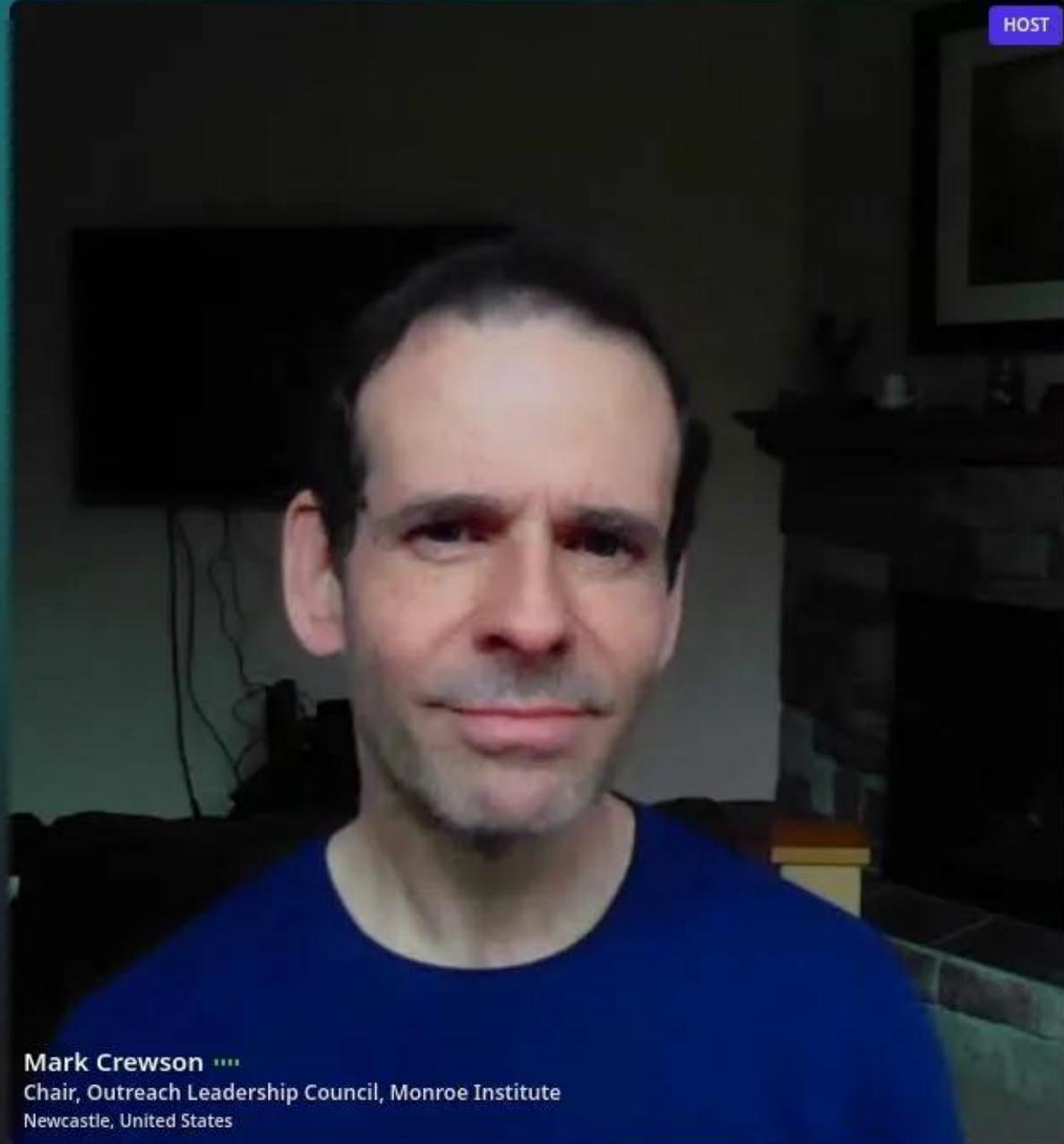


HOST



Mark Crewson 👤
Chair, Outreach Leadership Council, Monroe Institute
Newcastle, United States

SPEAKER



John G. Kruth 👤
Executive Director, Rhine Research Center
Durham, North Carolina, United States

1
00:00:09,830 --> 00:00:06,470
welcome back everyone i hope you had a

2
00:00:12,070 --> 00:00:09,840
good break a good time for networking

3
00:00:13,749 --> 00:00:12,080
uh it's a pleasure to welcome you back

4
00:00:17,510 --> 00:00:13,759
to our next session which is going to be

5
00:00:20,790 --> 00:00:17,520
on healing pk and subtle energies

6
00:00:22,870 --> 00:00:20,800
my name is mark crewson and i am the

7
00:00:24,950 --> 00:00:22,880
chair of the monroe institute's outreach

8
00:00:26,870 --> 00:00:24,960
leadership council

9
00:00:29,990 --> 00:00:26,880
it's my great pleasure

10
00:00:32,069 --> 00:00:30,000
to be your host for this session and i'd

11
00:00:33,830 --> 00:00:32,079
like to introduce you a little bit

12
00:00:34,790 --> 00:00:33,840
to our

13
00:00:36,389 --> 00:00:34,800

speaker

14

00:00:37,910 --> 00:00:36,399

who is going to give a video

15

00:00:40,069 --> 00:00:37,920

presentation

16

00:00:41,910 --> 00:00:40,079

the speaker is john cruth he's the

17

00:00:44,150 --> 00:00:41,920

executive director of the ryan research

18

00:00:47,350 --> 00:00:44,160

center in durham north carolina his

19

00:00:49,750 --> 00:00:47,360

research interests include psychokinesis

20

00:00:51,830 --> 00:00:49,760

bio energy and healing

21

00:00:54,790 --> 00:00:51,840

physical correlations with sci

22

00:00:59,910 --> 00:00:57,189

and near and dear to my own heart the

23

00:01:01,590 --> 00:00:59,920

application of potentially useful psy

24

00:01:02,389 --> 00:01:01,600

technologies

25

00:01:04,789 --> 00:01:02,399

so

26
00:01:07,030 --> 00:01:04,799
uh rather than me saying one more word

27
00:01:08,710 --> 00:01:07,040
let's just kick off the video

28
00:01:10,870 --> 00:01:08,720
and we'll come back at the end of the

29
00:01:13,190 --> 00:01:10,880
session for questions and i think john

30
00:01:15,350 --> 00:01:13,200
is with us so he'll address them

31
00:01:18,469 --> 00:01:15,360
directly all right thanks a lot and

32
00:01:22,310 --> 00:01:20,870
i am the program chair for the upcoming

33
00:01:23,910 --> 00:01:22,320
conference for the society for

34
00:01:26,390 --> 00:01:23,920
scientific exploration and the

35
00:01:28,789 --> 00:01:26,400
parapsychological association

36
00:01:30,789 --> 00:01:28,799
i'm also the executive director of the

37
00:01:33,990 --> 00:01:30,799
rhine research center in durham north

38
00:01:36,950 --> 00:01:34,000

carolina and co-founder of the rhine

39

00:01:38,550 --> 00:01:36,960

education center and the education chair

40

00:01:40,630 --> 00:01:38,560

or education director for the rhine

41

00:01:41,990 --> 00:01:40,640

education center that's sponsoring but

42

00:01:43,190 --> 00:01:42,000

you know you don't need to hear more

43

00:01:45,910 --> 00:01:43,200

about me

44

00:01:48,069 --> 00:01:45,920

i do research in parapsychology i work

45

00:01:49,429 --> 00:01:48,079

within the field and help to help to

46

00:01:51,190 --> 00:01:49,439

coordinate people to get together and

47

00:01:52,710 --> 00:01:51,200

that's what this conference is all about

48

00:01:55,350 --> 00:01:52,720

connections

49

00:01:56,950 --> 00:01:55,360

but i have a lot to talk about today i

50

00:01:59,510 --> 00:01:56,960

don't know what made me think i could

51
00:02:02,149 --> 00:01:59,520
cover healing pk and subtle energies all

52
00:02:04,069 --> 00:02:02,159
in one 30-minute talk i have a whole

53
00:02:05,910 --> 00:02:04,079
course on this that i teach at the

54
00:02:07,510 --> 00:02:05,920
wright education center but i'm going to

55
00:02:10,869 --> 00:02:07,520
try to go through quickly and give you

56
00:02:11,910 --> 00:02:10,879
guys an overview my goal today is to

57
00:02:14,390 --> 00:02:11,920
provide

58
00:02:15,830 --> 00:02:14,400
terminology and let you know what you

59
00:02:17,589 --> 00:02:15,840
might be hearing about in the conference

60
00:02:19,589 --> 00:02:17,599
because you're going to hear a lot about

61
00:02:21,750 --> 00:02:19,599
some of these topics so let's get

62
00:02:22,949 --> 00:02:21,760
started here and i'm going to start just

63
00:02:26,470 --> 00:02:22,959

by saying

64

00:02:29,190 --> 00:02:26,480

by talking about what is pk

65

00:02:31,509 --> 00:02:29,200

and what is energy healing and just give

66

00:02:34,070 --> 00:02:31,519

you a really quick introduction to the

67

00:02:35,589 --> 00:02:34,080

phenomena

68

00:02:39,110 --> 00:02:35,599

psychokinesis

69

00:02:41,509 --> 00:02:39,120

telekinesis pk my matter interaction all

70

00:02:43,350 --> 00:02:41,519

these different words

71

00:02:45,509 --> 00:02:43,360

people use these words for so many

72

00:02:49,030 --> 00:02:45,519

different top for so many different for

73

00:02:51,430 --> 00:02:49,040

my purposes today they're all the same

74

00:02:54,869 --> 00:02:51,440

we're talking about one thing here

75

00:02:57,110 --> 00:02:54,879

you'll hear me using psychokinesis pk my

76

00:02:59,110 --> 00:02:57,120

matter i i don't use the term

77

00:03:00,710 --> 00:02:59,120

telekinesis telekinesis is a term that

78

00:03:03,830 --> 00:03:00,720

kind of developed

79

00:03:05,670 --> 00:03:03,840

and was very popular when television was

80

00:03:07,509 --> 00:03:05,680

coming into vogue and the whole idea

81

00:03:09,830 --> 00:03:07,519

behind telekinesis

82

00:03:11,670 --> 00:03:09,840

the use of it the the concept is that

83

00:03:13,190 --> 00:03:11,680

there's a central

84

00:03:15,589 --> 00:03:13,200

broadcasting

85

00:03:18,309 --> 00:03:15,599

center that is affecting receiving units

86

00:03:21,270 --> 00:03:18,319

in different locations and that was the

87

00:03:23,990 --> 00:03:21,280

idea of how telekinesis worked it

88

00:03:26,550 --> 00:03:24,000

doesn't seem to work that way from all

89

00:03:29,110 --> 00:03:26,560

of our research that we've done and so i

90

00:03:31,350 --> 00:03:29,120

consider this a theory laden term

91

00:03:33,030 --> 00:03:31,360

something that contains some obsolete

92

00:03:34,789 --> 00:03:33,040

theory within it so i don't use that

93

00:03:36,630 --> 00:03:34,799

term other people you might hear using

94

00:03:40,149 --> 00:03:36,640

it for other purposes but i tend to

95

00:03:43,430 --> 00:03:40,159

stick with pk psychokinesis or mind

96

00:03:47,030 --> 00:03:43,440

matter interaction so what is it

97

00:03:48,550 --> 00:03:47,040

well it's a direct influence on physical

98

00:03:51,750 --> 00:03:48,560

systems

99

00:03:54,630 --> 00:03:51,760

that cannot entirely be accounted for by

100

00:03:56,789 --> 00:03:54,640

physical energies

101
00:03:59,589 --> 00:03:56,799
or another way of saying is affecting

102
00:04:02,229 --> 00:03:59,599
objects without physically touching them

103
00:04:04,070 --> 00:04:02,239
or using any physical means to influence

104
00:04:07,030 --> 00:04:04,080
them

105
00:04:09,030 --> 00:04:07,040
now why didn't i just say well you're

106
00:04:10,949 --> 00:04:09,040
intentionally affecting physical objects

107
00:04:11,990 --> 00:04:10,959
with the power of the mind

108
00:04:13,830 --> 00:04:12,000
because that's what a lot of people

109
00:04:16,390 --> 00:04:13,840
think about well one of the reasons i

110
00:04:19,110 --> 00:04:16,400
didn't say that is that

111
00:04:21,030 --> 00:04:19,120
it's not always intentional

112
00:04:22,710 --> 00:04:21,040
and so to give a good definition we have

113
00:04:25,270 --> 00:04:22,720

to recognize there are some times it

114

00:04:27,830 --> 00:04:25,280

occurs unintentionally

115

00:04:31,270 --> 00:04:27,840

or what about using mental energies to

116

00:04:33,909 --> 00:04:31,280

project a force upon objects well

117

00:04:35,189 --> 00:04:33,919

we don't know that they're mental

118

00:04:37,110 --> 00:04:35,199

energies

119

00:04:39,749 --> 00:04:37,120

we don't recognize it it's not clear

120

00:04:42,150 --> 00:04:39,759

that it comes from the mind

121

00:04:43,830 --> 00:04:42,160

it's not clear that it's intentional and

122

00:04:46,870 --> 00:04:43,840

the other thing we're talking about

123

00:04:48,790 --> 00:04:46,880

that says have a projecting a force on

124

00:04:51,110 --> 00:04:48,800

objects

125

00:04:54,070 --> 00:04:51,120

when we measure it we're not able to

126

00:04:56,469 --> 00:04:54,080

measure we see the objects move at times

127

00:04:58,870 --> 00:04:56,479

or having an influence on them but we

128

00:05:00,550 --> 00:04:58,880

haven't been able to measure a force on

129

00:05:02,629 --> 00:05:00,560

them it's not clear that's what we're

130

00:05:06,230 --> 00:05:02,639

dealing with here so i'm sticking with

131

00:05:08,870 --> 00:05:06,240

my definitions that i gave you first

132

00:05:11,510 --> 00:05:08,880

direct influence on physical systems

133

00:05:15,029 --> 00:05:11,520

that cannot entirely be accounted for by

134

00:05:19,990 --> 00:05:17,510

so when you look in popular culture and

135

00:05:22,550 --> 00:05:20,000

in the media you see many different

136

00:05:24,230 --> 00:05:22,560

representations of pk

137

00:05:26,790 --> 00:05:24,240

you'll see poltergeist where you have

138

00:05:28,870 --> 00:05:26,800

chairs flying around the room you'll see

139

00:05:31,350 --> 00:05:28,880

uh in the matrix where spoons are

140

00:05:33,909 --> 00:05:31,360

bending you'll see and carry where cars

141

00:05:36,230 --> 00:05:33,919

are flying up in the air yoda makes

142

00:05:37,830 --> 00:05:36,240

spaceships float and does a lot of other

143

00:05:40,070 --> 00:05:37,840

things as well

144

00:05:41,510 --> 00:05:40,080

you see the exorcist and people

145

00:05:43,749 --> 00:05:41,520

levitating in the air all of these

146

00:05:45,590 --> 00:05:43,759

things they're fun they're interesting i

147

00:05:47,270 --> 00:05:45,600

love these things i watch them all the

148

00:05:50,070 --> 00:05:47,280

time

149

00:05:53,350 --> 00:05:50,080

but it's not really what we see

150

00:05:55,350 --> 00:05:53,360

when we look at pk and the lab what it

151
00:05:58,309 --> 00:05:55,360
really looks like

152
00:06:01,430 --> 00:05:58,319
is they're typically small effects

153
00:06:04,790 --> 00:06:01,440
we typically see very small

154
00:06:07,189 --> 00:06:04,800
visible objects or even microscopic

155
00:06:08,790 --> 00:06:07,199
objects that are being affected for

156
00:06:10,070 --> 00:06:08,800
example up there on the left you see

157
00:06:10,950 --> 00:06:10,080
that little

158
00:06:14,150 --> 00:06:10,960
jar

159
00:06:17,270 --> 00:06:14,160
with a aluminum foil pinwheel in it the

160
00:06:19,350 --> 00:06:17,280
pinwheel people were able to move that

161
00:06:21,510 --> 00:06:19,360
pinwheel within the jar

162
00:06:23,670 --> 00:06:21,520
without touching it without

163
00:06:26,150 --> 00:06:23,680

affecting it with any heat or light or

164

00:06:27,990 --> 00:06:26,160

anything else we can we've really

165

00:06:29,110 --> 00:06:28,000

controlled these situations very

166

00:06:31,510 --> 00:06:29,120

carefully

167

00:06:34,870 --> 00:06:31,520

and still people are able to cause those

168

00:06:36,390 --> 00:06:34,880

objects to move stop reverse direction

169

00:06:37,189 --> 00:06:36,400

move the other way

170

00:06:40,390 --> 00:06:37,199

so

171

00:06:42,230 --> 00:06:40,400

these small objects no cars are floating

172

00:06:43,990 --> 00:06:42,240

around but that's a pretty cool effect

173

00:06:45,749 --> 00:06:44,000

to see whenever no one's touching it and

174

00:06:48,469 --> 00:06:45,759

it's moving

175

00:06:50,710 --> 00:06:48,479

we use other more complex ways to

176

00:06:52,629 --> 00:06:50,720

measure it as well spoon bending is

177

00:06:56,790 --> 00:06:52,639

something that often people

178

00:07:00,950 --> 00:06:59,110

we also have effects sometimes on

179

00:07:02,870 --> 00:07:00,960

electronics

180

00:07:05,189 --> 00:07:02,880

but usually

181

00:07:07,110 --> 00:07:05,199

these effects that we see

182

00:07:10,390 --> 00:07:07,120

they're inconsistent

183

00:07:12,629 --> 00:07:10,400

people aren't doing them all the time

184

00:07:14,629 --> 00:07:12,639

now i say that but i have to also say

185

00:07:17,430 --> 00:07:14,639

that i've been really lucky in the

186

00:07:19,029 --> 00:07:17,440

research i've done i've had research or

187

00:07:21,670 --> 00:07:19,039

i've had participants come to my

188

00:07:23,830 --> 00:07:21,680

laboratory who are extremely consistent

189

00:07:25,270 --> 00:07:23,840

it's really unusual there are many

190

00:07:27,990 --> 00:07:25,280

people in the field of parapsychology

191

00:07:30,390 --> 00:07:28,000

who have never seen psychokinesis or pk

192

00:07:33,749 --> 00:07:30,400

happen they've never seen it

193

00:07:36,070 --> 00:07:33,759

and they doubt whether it's real or not

194

00:07:37,830 --> 00:07:36,080

but in my lab it happens

195

00:07:39,670 --> 00:07:37,840

it happens to the point that i can say

196

00:07:42,950 --> 00:07:39,680

that i have some people who i can see

197

00:07:45,189 --> 00:07:42,960

them doing it consistently but typically

198

00:07:47,110 --> 00:07:45,199

it's a very inconsistent phenomena it

199

00:07:49,029 --> 00:07:47,120

doesn't always happen you can't rely on

200

00:07:51,830 --> 00:07:49,039

it in addition

201
00:07:53,110 --> 00:07:51,840
some effects that we see can only be

202
00:07:55,589 --> 00:07:53,120
measured

203
00:07:58,950 --> 00:07:55,599
as statistical anomalies what you would

204
00:08:00,629 --> 00:07:58,960
expect to happen from chance

205
00:08:01,990 --> 00:08:00,639
something different occurs and it

206
00:08:03,589 --> 00:08:02,000
happens enough

207
00:08:05,589 --> 00:08:03,599
that we can say it looks like there's an

208
00:08:07,350 --> 00:08:05,599
effect here

209
00:08:09,830 --> 00:08:07,360
so what's going on

210
00:08:11,350 --> 00:08:09,840
what are these things well when we talk

211
00:08:12,950 --> 00:08:11,360
about pk

212
00:08:15,029 --> 00:08:12,960
we use two different terms and you're

213
00:08:18,390 --> 00:08:15,039

going to hear these terms within the

214

00:08:21,270 --> 00:08:18,400

conference in next week

215

00:08:24,230 --> 00:08:21,280

one is macro pk and the other is micro

216

00:08:26,550 --> 00:08:24,240

pk now macro pk

217

00:08:28,309 --> 00:08:26,560

is something that affecting objects that

218

00:08:30,390 --> 00:08:28,319

you can actually see

219

00:08:33,029 --> 00:08:30,400

you're usually affecting larger objects

220

00:08:34,870 --> 00:08:33,039

it's visible effects

221

00:08:36,949 --> 00:08:34,880

things like having the wheel spin within

222

00:08:39,190 --> 00:08:36,959

a jar you see it happening you can see

223

00:08:41,589 --> 00:08:39,200

what's going on if someone were to cause

224

00:08:43,430 --> 00:08:41,599

a pencil to roll across a table

225

00:08:45,910 --> 00:08:43,440

that would be a visible effect something

226
00:08:47,190 --> 00:08:45,920
you could actually see

227
00:08:49,110 --> 00:08:47,200
then you have

228
00:08:51,590 --> 00:08:49,120
micro pk

229
00:08:54,550 --> 00:08:51,600
which is affecting very small or

230
00:08:56,230 --> 00:08:54,560
microscopic objects things you can't see

231
00:08:59,030 --> 00:08:56,240
with the naked eye

232
00:09:01,190 --> 00:08:59,040
things you oftentimes it might involve

233
00:09:03,509 --> 00:09:01,200
affecting electronics

234
00:09:04,949 --> 00:09:03,519
how could how can electronics be

235
00:09:06,949 --> 00:09:04,959
affected

236
00:09:09,350 --> 00:09:06,959
without us touching them or without us

237
00:09:11,590 --> 00:09:09,360
having but sometimes they are affected

238
00:09:14,790 --> 00:09:11,600

and having effects on electronics would

239

00:09:17,350 --> 00:09:14,800

be a form of micro pk

240

00:09:20,070 --> 00:09:17,360

in addition there's some effects that

241

00:09:21,590 --> 00:09:20,080

you can only see statistically for

242

00:09:24,310 --> 00:09:21,600

example uh

243

00:09:26,389 --> 00:09:24,320

there's quantum of

244

00:09:28,070 --> 00:09:26,399

quantum events that occur

245

00:09:30,550 --> 00:09:28,080

and typically in random number

246

00:09:32,550 --> 00:09:30,560

generators we have quantum events

247

00:09:34,710 --> 00:09:32,560

but you can't really see that there's a

248

00:09:36,710 --> 00:09:34,720

difference between what you would exp

249

00:09:39,110 --> 00:09:36,720

what you see and whether is there really

250

00:09:41,030 --> 00:09:39,120

something there and only by looking at

251

00:09:43,030 --> 00:09:41,040

the statistics and analyzing it over a

252

00:09:44,630 --> 00:09:43,040

longer period of time can you tell if

253

00:09:47,829 --> 00:09:44,640

there is truly

254

00:09:49,350 --> 00:09:47,839

a for a pk effect occurring there now i

255

00:09:51,110 --> 00:09:49,360

say we have these two different words

256

00:09:53,670 --> 00:09:51,120

and we do use these words macro pk and

257

00:09:55,750 --> 00:09:53,680

micro pk and they sound really different

258

00:09:57,509 --> 00:09:55,760

one is objects you can see the other one

259

00:10:01,190 --> 00:09:57,519

is something so small that you have to

260

00:10:03,829 --> 00:10:01,200

look at statistics or use a microscope

261

00:10:06,150 --> 00:10:03,839

these are not distinct and separate

262

00:10:07,910 --> 00:10:06,160

phenomena we use them in order to

263

00:10:09,750 --> 00:10:07,920

explain what we're looking at in

264

00:10:11,990 --> 00:10:09,760

laboratory and what we see

265

00:10:13,110 --> 00:10:12,000

when we're doing our research but it's

266

00:10:14,949 --> 00:10:13,120

really

267

00:10:17,190 --> 00:10:14,959

we see a spectrum

268

00:10:21,430 --> 00:10:17,200

there are some phenomena that you can't

269

00:10:23,350 --> 00:10:21,440

really classify as micro pk or macro pk

270

00:10:25,990 --> 00:10:23,360

it kind of goes on this continuum here

271

00:10:26,870 --> 00:10:26,000

for example uh if i'm rolling a dice and

272

00:10:28,470 --> 00:10:26,880

i may

273

00:10:30,630 --> 00:10:28,480

and i'm able to roll the dice and make

274

00:10:32,790 --> 00:10:30,640

the numbers i want to come up you can

275

00:10:34,870 --> 00:10:32,800

say well that's macro pk you can see the

276

00:10:37,030 --> 00:10:34,880

dice you can see the numbers coming out

277

00:10:39,509 --> 00:10:37,040

but actually i'm not like making the

278

00:10:42,069 --> 00:10:39,519

dice float in the air and kind of move

279

00:10:44,630 --> 00:10:42,079

around and go back to the table

280

00:10:47,350 --> 00:10:44,640

that would be macro pk but when i roll

281

00:10:48,870 --> 00:10:47,360

the dice there's actually a lot of very

282

00:10:55,030 --> 00:10:48,880

small

283

00:10:58,069 --> 00:10:55,040

the dye to move in a certain way

284

00:11:01,110 --> 00:10:58,079

and maybe causing that number to come up

285

00:11:03,910 --> 00:11:01,120

so you can interpret that as micro pk

286

00:11:05,910 --> 00:11:03,920

also but it's not strictly macro or

287

00:11:08,310 --> 00:11:05,920

micro pk

288

00:11:10,310 --> 00:11:08,320

it's somewhere in that yellow area there

289

00:11:11,350 --> 00:11:10,320
on the continuum

290

00:11:13,750 --> 00:11:11,360
so

291

00:11:15,829 --> 00:11:13,760
recognize the terms and recognize when

292

00:11:17,430 --> 00:11:15,839
you hear them this is what they mean

293

00:11:20,310 --> 00:11:17,440
but also realize

294

00:11:24,230 --> 00:11:20,320
they're kind of an artificial distinct

295

00:11:28,710 --> 00:11:25,990
let me move on to energy healing because

296

00:11:30,150 --> 00:11:28,720
like i said i got a lot to cover here um

297

00:11:32,949 --> 00:11:30,160
and i'm gonna just talk a little bit

298

00:11:34,790 --> 00:11:32,959
about what it is

299

00:11:36,870 --> 00:11:34,800
energy healing

300

00:11:39,350 --> 00:11:36,880
as determined we typically use the term

301
00:11:40,790 --> 00:11:39,360
it's the influence of a person or a

302
00:11:42,870 --> 00:11:40,800
number of people

303
00:11:45,590 --> 00:11:42,880
on another living thing

304
00:11:48,630 --> 00:11:45,600
whether it be people animals plants

305
00:11:50,550 --> 00:11:48,640
without using physical means to affect

306
00:11:52,790 --> 00:11:50,560
them

307
00:11:55,590 --> 00:11:52,800
and typically it's for the purposes of

308
00:11:57,590 --> 00:11:55,600
improving the health or well-being of an

309
00:11:59,910 --> 00:11:57,600
organism

310
00:12:01,509 --> 00:11:59,920
people use the term psychic healing

311
00:12:03,269 --> 00:12:01,519
energy healing or sometimes they just

312
00:12:05,190 --> 00:12:03,279
say healing

313
00:12:07,590 --> 00:12:05,200

all of these terms i'm gonna i'm

314

00:12:09,990 --> 00:12:07,600

grouping them together it's a different

315

00:12:11,829 --> 00:12:10,000

way that people approach the topic but

316

00:12:13,990 --> 00:12:11,839

they all involve

317

00:12:17,030 --> 00:12:14,000

one person or a group of people having

318

00:12:19,190 --> 00:12:17,040

an effect on another living thing

319

00:12:23,190 --> 00:12:19,200

oftentimes to try to improve the health

320

00:12:24,710 --> 00:12:23,200

or well-being of the organism

321

00:12:26,470 --> 00:12:24,720

early studies

322

00:12:28,870 --> 00:12:26,480

i'm not getting into a whole lot of

323

00:12:31,030 --> 00:12:28,880

research studies related to these topics

324

00:12:32,790 --> 00:12:31,040

there's a lot of information available

325

00:12:35,190 --> 00:12:32,800

but the early studies when they were

326

00:12:38,710 --> 00:12:35,200

doing research on healing

327

00:12:40,230 --> 00:12:38,720

healers would treat the patients

328

00:12:41,750 --> 00:12:40,240

do whatever they do to treat the

329

00:12:43,670 --> 00:12:41,760

patients usually they put their hands

330

00:12:45,509 --> 00:12:43,680

next to them sometimes they touch them

331

00:12:47,910 --> 00:12:45,519

sometimes they don't

332

00:12:49,910 --> 00:12:47,920

but the patient is examined before

333

00:12:51,190 --> 00:12:49,920

and after to determine if there's any

334

00:12:53,269 --> 00:12:51,200

change

335

00:12:54,629 --> 00:12:53,279

well it seems like a pretty obvious way

336

00:12:55,590 --> 00:12:54,639

to determine whether healing is

337

00:12:58,310 --> 00:12:55,600

occurring

338

00:13:00,069 --> 00:12:58,320

but the question comes up what is the

339

00:13:01,430 --> 00:13:00,079

source of the healing

340

00:13:03,430 --> 00:13:01,440

did that person just take some

341

00:13:05,350 --> 00:13:03,440

medication beforehand and then be

342

00:13:06,710 --> 00:13:05,360

treated by the healer were they treated

343

00:13:08,790 --> 00:13:06,720

by another

344

00:13:10,629 --> 00:13:08,800

medical professional before the healer

345

00:13:12,150 --> 00:13:10,639

came and did their work what is the

346

00:13:14,310 --> 00:13:12,160

source of the healing and did it come

347

00:13:16,310 --> 00:13:14,320

from the healer themselves

348

00:13:19,269 --> 00:13:16,320

or was the healer

349

00:13:21,269 --> 00:13:19,279

channeling energy or channeling some

350

00:13:24,790 --> 00:13:21,279

healing

351

00:13:27,030 --> 00:13:24,800

activity from another source

352

00:13:28,710 --> 00:13:27,040

this is all questions that needed to be

353

00:13:31,590 --> 00:13:28,720

answered and so the early studies were

354

00:13:33,110 --> 00:13:31,600

exploring this also the question came up

355

00:13:35,829 --> 00:13:33,120

how long does it take for healing to

356

00:13:38,150 --> 00:13:35,839

occur because if healing occurs within

357

00:13:39,910 --> 00:13:38,160

you know a a week or a few weeks

358

00:13:41,670 --> 00:13:39,920

sometimes you know there it can take

359

00:13:43,750 --> 00:13:41,680

months before the healing effect

360

00:13:46,470 --> 00:13:43,760

accumulates enough to happen but

361

00:13:48,069 --> 00:13:46,480

sometimes it can be very quick

362

00:13:49,189 --> 00:13:48,079

and very quick i mean it could happen

363

00:13:51,189 --> 00:13:49,199

overnight

364

00:13:53,030 --> 00:13:51,199

it could happen in a few hours it can

365

00:13:55,189 --> 00:13:53,040

happen in a few minutes

366

00:13:57,430 --> 00:13:55,199

and there's a guy in australia who some

367

00:14:00,629 --> 00:13:57,440

of you might know is charlie who

368

00:14:03,670 --> 00:14:00,639

actually performs healings within 20 to

369

00:14:05,910 --> 00:14:03,680

30 seconds oftentimes and it's very very

370

00:14:09,189 --> 00:14:05,920

um

371

00:14:10,389 --> 00:14:09,199

very effective what he does uh

372

00:14:14,389 --> 00:14:10,399

so

373

00:14:16,150 --> 00:14:14,399

early studies looked at

374

00:14:18,870 --> 00:14:16,160

later on when this was taken into the

375

00:14:20,389 --> 00:14:18,880

lab there are some really

376
00:14:22,310 --> 00:14:20,399
significant

377
00:14:24,310 --> 00:14:22,320
studies that were done

378
00:14:26,389 --> 00:14:24,320
the first i'm going to mention here was

379
00:14:28,389 --> 00:14:26,399
some work that was done in the 1960s by

380
00:14:31,670 --> 00:14:28,399
a man named bernard grad

381
00:14:33,990 --> 00:14:31,680
and this man really was a genius related

382
00:14:36,790 --> 00:14:34,000
to this just testing this phenomena so

383
00:14:37,590 --> 00:14:36,800
much that his studies seem commonplace

384
00:14:39,590 --> 00:14:37,600
now

385
00:14:41,990 --> 00:14:39,600
what he did is he took healers and had

386
00:14:44,310 --> 00:14:42,000
them treat water

387
00:14:45,990 --> 00:14:44,320
and then he used that water to water

388
00:14:47,829 --> 00:14:46,000

plants

389

00:14:50,069 --> 00:14:47,839

and tried to determine

390

00:14:52,310 --> 00:14:50,079

if the plants grew better when they were

391

00:14:54,629 --> 00:14:52,320

watered with what when they were treated

392

00:14:56,389 --> 00:14:54,639

with water from the healers

393

00:14:58,470 --> 00:14:56,399

or when they were watered with water

394

00:15:01,110 --> 00:14:58,480

that wasn't treated at all so he had a

395

00:15:03,430 --> 00:15:01,120

control group just regular water and an

396

00:15:04,629 --> 00:15:03,440

experimental group water treated by the

397

00:15:07,350 --> 00:15:04,639

healer

398

00:15:09,350 --> 00:15:07,360

and he took the plants as they grew and

399

00:15:11,990 --> 00:15:09,360

kept them in the same conditions

400

00:15:14,389 --> 00:15:12,000

and then said hey which ones grew better

401
00:15:16,629 --> 00:15:14,399
which are taller which have more leaves

402
00:15:18,870 --> 00:15:16,639
which have less uh

403
00:15:21,670 --> 00:15:18,880
less bugs or less disease associated

404
00:15:23,990 --> 00:15:21,680
with them and he found very clearly

405
00:15:26,629 --> 00:15:24,000
the water that was treated by the healer

406
00:15:29,030 --> 00:15:26,639
caused the plants grew better

407
00:15:31,590 --> 00:15:29,040
when they were watered using the water

408
00:15:33,269 --> 00:15:31,600
treated by the healer

409
00:15:35,990 --> 00:15:33,279
so that was that is actually a

410
00:15:37,670 --> 00:15:36,000
foundational study in almost all

411
00:15:39,670 --> 00:15:37,680
research and healing that's been done

412
00:15:41,030 --> 00:15:39,680
since then is based on this same

413
00:15:44,949 --> 00:15:41,040

paradigm

414

00:15:47,829 --> 00:15:44,959

it's a great model for testing healing

415

00:15:49,749 --> 00:15:47,839

in the 1970s a few years later

416

00:15:51,189 --> 00:15:49,759

watkins and watkins working at the ryden

417

00:15:53,269 --> 00:15:51,199

research center

418

00:15:55,430 --> 00:15:53,279

did a study with animals they were

419

00:15:56,790 --> 00:15:55,440

actually working with mice

420

00:16:01,749 --> 00:15:56,800

and

421

00:16:03,670 --> 00:16:01,759

anesthetized the mice

422

00:16:05,110 --> 00:16:03,680

and then he had healers trying to wake

423

00:16:07,110 --> 00:16:05,120

them up

424

00:16:08,550 --> 00:16:07,120

and so he would take mice that were

425

00:16:11,269 --> 00:16:08,560

anesthetized

426
00:16:13,189 --> 00:16:11,279
and put two mice next to each other have

427
00:16:15,829 --> 00:16:13,199
the healer treat one of them and see if

428
00:16:17,430 --> 00:16:15,839
it woke up more quickly than the other

429
00:16:18,710 --> 00:16:17,440
mice that wasn't being treated by the

430
00:16:20,949 --> 00:16:18,720
healer

431
00:16:22,870 --> 00:16:20,959
well it was kind of inconsistent

432
00:16:24,550 --> 00:16:22,880
sometimes the mouse that was being

433
00:16:27,269 --> 00:16:24,560
treated would wake up sometimes the

434
00:16:29,030 --> 00:16:27,279
other one wake up but overall

435
00:16:30,389 --> 00:16:29,040
the mouse that was being treated by the

436
00:16:33,269 --> 00:16:30,399
healer

437
00:16:36,150 --> 00:16:33,279
woke up more quickly than the mouse that

438
00:16:39,030 --> 00:16:36,160

wasn't being treated by the healer he

439

00:16:41,110 --> 00:16:39,040

also found a continuing effect that he

440

00:16:43,030 --> 00:16:41,120

called the linger effect

441

00:16:44,069 --> 00:16:43,040

that the location the mouse was being

442

00:16:46,949 --> 00:16:44,079

treated

443

00:16:48,629 --> 00:16:46,959

seemed to hold some energy in it

444

00:16:50,470 --> 00:16:48,639

because the next mouse that was placed

445

00:16:53,509 --> 00:16:50,480

there tended to wake up more quickly as

446

00:16:55,430 --> 00:16:53,519

well whether it was treated or not

447

00:16:58,310 --> 00:16:55,440

so it's a very interesting study done in

448

00:17:01,030 --> 00:16:58,320

the 1970s by watkins and watkins

449

00:17:03,430 --> 00:17:01,040

a little later a man named larry dossey

450

00:17:06,150 --> 00:17:03,440

who you might have heard of previously

451
00:17:07,429 --> 00:17:06,160
did a study related to intention and

452
00:17:09,189 --> 00:17:07,439
prayer

453
00:17:10,949 --> 00:17:09,199
to see if when people pray you know

454
00:17:12,949 --> 00:17:10,959
people often say i'll pray for you

455
00:17:15,669 --> 00:17:12,959
whenever someone is ill or you know i'll

456
00:17:17,990 --> 00:17:15,679
keep you in my mind well larry dossie

457
00:17:20,949 --> 00:17:18,000
actually did a study

458
00:17:23,029 --> 00:17:20,959
and he had people being prayed for and

459
00:17:25,669 --> 00:17:23,039
people using their intention and he

460
00:17:28,150 --> 00:17:25,679
tried to see is there an effect

461
00:17:30,549 --> 00:17:28,160
of intention and prayer does it cause

462
00:17:32,390 --> 00:17:30,559
people to heal more quickly

463
00:17:34,310 --> 00:17:32,400

larry did find that it seemed that

464

00:17:36,789 --> 00:17:34,320

prayer and intention had an effect in a

465

00:17:39,190 --> 00:17:36,799

lob and encouraged people to perform to

466

00:17:40,310 --> 00:17:39,200

heal better but at the same time he also

467

00:17:42,390 --> 00:17:40,320

found it was really hard to get a

468

00:17:44,870 --> 00:17:42,400

control group because when someone is

469

00:17:46,549 --> 00:17:44,880

praying for a certain group they usually

470

00:17:49,190 --> 00:17:46,559

don't limit it to only the people you

471

00:17:51,110 --> 00:17:49,200

want to have in your study it also kind

472

00:17:53,510 --> 00:17:51,120

of affects other people that are in the

473

00:17:55,669 --> 00:17:53,520

same hospital in the same building and

474

00:17:57,990 --> 00:17:55,679

so the effects seem to

475

00:18:00,150 --> 00:17:58,000

spread out and more people got healed

476

00:18:02,549 --> 00:18:00,160

than he would have expected but hey

477

00:18:05,270 --> 00:18:02,559

that's not a bad thing it's just doesn't

478

00:18:07,029 --> 00:18:05,280

really help us to improve the concept

479

00:18:09,430 --> 00:18:07,039

and scientifically

480

00:18:11,990 --> 00:18:09,440

and then there are modern approaches to

481

00:18:13,270 --> 00:18:12,000

healing including uh some done by bill

482

00:18:15,270 --> 00:18:13,280

bankston

483

00:18:17,029 --> 00:18:15,280

bill is the president of the society for

484

00:18:19,270 --> 00:18:17,039

scientific exploration and you will

485

00:18:21,590 --> 00:18:19,280

definitely meet him at the conference if

486

00:18:23,669 --> 00:18:21,600

you come to the conference next week

487

00:18:25,909 --> 00:18:23,679

bill has been has developed a healing

488

00:18:29,830 --> 00:18:25,919

technique based on some work that he had

489

00:18:33,110 --> 00:18:29,840

done back in the 1990s and since

490

00:18:34,549 --> 00:18:33,120

about 2000 he's been publishing some

491

00:18:37,110 --> 00:18:34,559

incredible

492

00:18:38,870 --> 00:18:37,120

and amazing results he's gotten

493

00:18:40,549 --> 00:18:38,880

using this technique

494

00:18:42,549 --> 00:18:40,559

with mice

495

00:18:45,110 --> 00:18:42,559

what they use is they use a standard

496

00:18:46,789 --> 00:18:45,120

kind of mouse model they use for cancer

497

00:18:48,789 --> 00:18:46,799

treatments

498

00:18:49,750 --> 00:18:48,799

and typically you have a mouse and you

499

00:18:52,710 --> 00:18:49,760

would

500

00:18:53,669 --> 00:18:52,720

cells

501
00:18:54,870 --> 00:18:53,679
and then

502
00:18:56,310 --> 00:18:54,880
in normal

503
00:18:59,110 --> 00:18:56,320
research they would treat it with a

504
00:19:02,070 --> 00:18:59,120
chemotherapy drug and see how the mouse

505
00:19:03,430 --> 00:19:02,080
survives well bill did this exact same

506
00:19:05,750 --> 00:19:03,440
model except instead of using

507
00:19:07,350 --> 00:19:05,760
chemotherapy and drugs he used the

508
00:19:10,310 --> 00:19:07,360
healing technique

509
00:19:11,990 --> 00:19:10,320
and he's gotten incredible results the

510
00:19:14,710 --> 00:19:12,000
mice live

511
00:19:17,110 --> 00:19:14,720
they are healed of the cancer and they

512
00:19:19,669 --> 00:19:17,120
cannot be re-affected when they are

513
00:19:22,390 --> 00:19:19,679

re-injected with cancer later it's

514

00:19:23,909 --> 00:19:22,400

amazing information i can't go into it

515

00:19:24,950 --> 00:19:23,919

in detail but you know if you ever talk

516

00:19:27,270 --> 00:19:24,960

to bill

517

00:19:29,190 --> 00:19:27,280

ask him about it he talks about it all

518

00:19:32,789 --> 00:19:29,200

over the place and you'll definitely

519

00:19:39,029 --> 00:19:35,510

but the question comes to mind then is

520

00:19:40,870 --> 00:19:39,039

all healing the same when we talk about

521

00:19:43,270 --> 00:19:40,880

healing

522

00:19:45,909 --> 00:19:43,280

people use many different techniques

523

00:19:48,549 --> 00:19:45,919

you hear things like uh reiki

524

00:19:50,950 --> 00:19:48,559

you hear healing touch your hands on

525

00:19:53,350 --> 00:19:50,960

healing your qigong

526

00:19:55,590 --> 00:19:53,360

esoteric healing meant many different

527

00:19:57,669 --> 00:19:55,600

methods of healing here barbara brennan

528

00:19:59,669 --> 00:19:57,679

method you hear the bill benson method

529

00:20:01,350 --> 00:19:59,679

all of these are they but

530

00:20:03,990 --> 00:20:01,360

are they really different

531

00:20:04,710 --> 00:20:04,000

they're different techniques

532

00:20:07,909 --> 00:20:04,720

but

533

00:20:10,149 --> 00:20:07,919

is it all the same kind of is healing

534

00:20:12,230 --> 00:20:10,159

really the same thing or is it actually

535

00:20:14,630 --> 00:20:12,240

different things occurring some people

536

00:20:16,310 --> 00:20:14,640

say that all healing is actually

537

00:20:18,950 --> 00:20:16,320

self-healing

538

00:20:21,270 --> 00:20:18,960

and that maybe the healer isn't actually

539

00:20:22,710 --> 00:20:21,280

doing the healing themselves but they're

540

00:20:25,190 --> 00:20:22,720

causing some

541

00:20:27,909 --> 00:20:25,200

activity to occur that allows healing to

542

00:20:29,430 --> 00:20:27,919

to occur in another individual

543

00:20:32,070 --> 00:20:29,440

and the other question that comes up is

544

00:20:33,590 --> 00:20:32,080

healing a form of pk within the field of

545

00:20:34,630 --> 00:20:33,600

parapsychology you're going to hear and

546

00:20:36,390 --> 00:20:34,640

you'll hear this at the conference

547

00:20:40,950 --> 00:20:36,400

you're many people

548

00:20:42,630 --> 00:20:40,960

saying that healing is p is a form of pk

549

00:20:46,149 --> 00:20:42,640

it's not

550

00:20:49,669 --> 00:20:46,159

it is a common accepted uh

551
00:20:53,190 --> 00:20:49,679
theory within the field but when we take

552
00:20:55,190 --> 00:20:53,200
healers and we ask them to perform pk

553
00:20:58,390 --> 00:20:55,200
most of them can't

554
00:21:00,789 --> 00:20:58,400
we test them for pk and they can't do it

555
00:21:03,029 --> 00:21:00,799
so how is it different

556
00:21:05,430 --> 00:21:03,039
why can these healers do healing but

557
00:21:07,350 --> 00:21:05,440
they can't do pk and if they're doing

558
00:21:08,549 --> 00:21:07,360
this how can we say that pk and healing

559
00:21:10,470 --> 00:21:08,559
are the same

560
00:21:12,549 --> 00:21:10,480
we're going to talk about that in just a

561
00:21:14,549 --> 00:21:12,559
couple minutes

562
00:21:16,310 --> 00:21:14,559
but first i want to get into intention

563
00:21:18,710 --> 00:21:16,320

remember i was talking at the beginning

564

00:21:20,870 --> 00:21:18,720

about pk and the idea that you know hey

565

00:21:22,710 --> 00:21:20,880

you know i can't say that you

566

00:21:23,909 --> 00:21:22,720

purposely did this

567

00:21:27,270 --> 00:21:23,919

well

568

00:21:31,270 --> 00:21:27,280

this is the whole point of intention

569

00:21:33,029 --> 00:21:31,280

did you do that or did it just happen

570

00:21:35,430 --> 00:21:33,039

so i'm going to give you some examples

571

00:21:37,190 --> 00:21:35,440

of intentional pk

572

00:21:39,590 --> 00:21:37,200

remember that wheel we had within the

573

00:21:41,669 --> 00:21:39,600

jar well spinning that wheel within the

574

00:21:43,430 --> 00:21:41,679

jar focusing on it and saying i want

575

00:21:44,470 --> 00:21:43,440

that wheel to spin and causing it to

576
00:21:47,510 --> 00:21:44,480
spin

577
00:21:49,270 --> 00:21:47,520
is a form of intentional pk

578
00:21:52,310 --> 00:21:49,280
you have a random number generator

579
00:21:54,549 --> 00:21:52,320
that's causing numbers to just uh occur

580
00:21:56,390 --> 00:21:54,559
ones and zeros at random completely

581
00:21:58,950 --> 00:21:56,400
random moments and trying to change it

582
00:22:00,870 --> 00:21:58,960
so that it's not as random getting a lot

583
00:22:04,149 --> 00:22:00,880
more ones than you would expect from

584
00:22:05,990 --> 00:22:04,159
chance maybe getting a lot more zeros

585
00:22:08,630 --> 00:22:06,000
if you're focusing on it that's

586
00:22:10,789 --> 00:22:08,640
intentional pk making changes to the

587
00:22:12,950 --> 00:22:10,799
random number generator causing an

588
00:22:15,430 --> 00:22:12,960

object to move whether it's a pencil on

589

00:22:17,110 --> 00:22:15,440

a table or uh something or your picture

590

00:22:20,070 --> 00:22:17,120

to fall off the wall focusing on

591

00:22:22,470 --> 00:22:20,080

something and causing it to move

592

00:22:24,149 --> 00:22:22,480

is a form of intentional pk

593

00:22:25,750 --> 00:22:24,159

having a compass

594

00:22:27,510 --> 00:22:25,760

where you have the needle on the compass

595

00:22:30,070 --> 00:22:27,520

that's affected by magnetic fields and

596

00:22:32,950 --> 00:22:30,080

causing that compass needle to move in

597

00:22:36,549 --> 00:22:32,960

one direction and numb another

598

00:22:38,710 --> 00:22:36,559

that is a form of intentional pk

599

00:22:41,830 --> 00:22:38,720

now let me give you some examples of

600

00:22:43,350 --> 00:22:41,840

unintentional pk

601
00:22:44,710 --> 00:22:43,360
spinning a wheel changing a random

602
00:22:47,830 --> 00:22:44,720
number generally moving in objects

603
00:22:50,149 --> 00:22:47,840
affecting the needle they're the same

604
00:22:52,390 --> 00:22:50,159
because

605
00:22:55,190 --> 00:22:52,400
it's not about the effect

606
00:22:56,630 --> 00:22:55,200
but it's about the purpose

607
00:22:58,789 --> 00:22:56,640
was the effect

608
00:23:00,630 --> 00:22:58,799
produced purposely

609
00:23:02,710 --> 00:23:00,640
all of those things i just described

610
00:23:04,310 --> 00:23:02,720
some people can focus

611
00:23:06,630 --> 00:23:04,320
and you may see them happen when they

612
00:23:09,590 --> 00:23:06,640
focus but it can also happen

613
00:23:12,149 --> 00:23:09,600

unintentionally or unconsciously so the

614

00:23:14,789 --> 00:23:12,159

question is was the agent the person

615

00:23:17,270 --> 00:23:14,799

who's causing it to occur aware

616

00:23:19,350 --> 00:23:17,280

conscious of the activity aware that it

617

00:23:21,190 --> 00:23:19,360

was going to happen

618

00:23:23,270 --> 00:23:21,200

and i have to mention that sometimes

619

00:23:25,190 --> 00:23:23,280

these effects that i'm mentioning

620

00:23:28,070 --> 00:23:25,200

they can be helpful

621

00:23:30,149 --> 00:23:28,080

but sometimes they're not so helpful and

622

00:23:33,029 --> 00:23:30,159

they can actually be disruptive and

623

00:23:34,710 --> 00:23:33,039

we'll catch up on that in a second too

624

00:23:37,190 --> 00:23:34,720

unconscious pk

625

00:23:39,909 --> 00:23:37,200

and unconscious healing

626

00:23:41,430 --> 00:23:39,919

here's just a couple of examples

627

00:23:43,590 --> 00:23:41,440

poltergeists

628

00:23:45,750 --> 00:23:43,600

many people when they think of the term

629

00:23:46,870 --> 00:23:45,760

poltergeists they think of ghosts or

630

00:23:48,549 --> 00:23:46,880

spirits

631

00:23:51,269 --> 00:23:48,559

that are disruptive that are throwing

632

00:23:53,510 --> 00:23:51,279

things around the room they think of uh

633

00:23:56,310 --> 00:23:53,520

spirits that are making loud noises and

634

00:23:58,470 --> 00:23:56,320

banging on things because poltergeist is

635

00:24:01,029 --> 00:23:58,480

actually ghosts so poltergeist is kind

636

00:24:04,070 --> 00:24:01,039

of a noisy or disruptive ghost

637

00:24:05,990 --> 00:24:04,080

and so the idea of a disruptive ghost is

638

00:24:08,070 --> 00:24:06,000

what most people think of

639

00:24:10,310 --> 00:24:08,080

but within the field of parapsychology

640

00:24:14,310 --> 00:24:10,320

we actually use this term

641

00:24:19,830 --> 00:24:14,320

recurrent spontaneous psychokinesis

642

00:24:24,549 --> 00:24:22,070

that is spontaneous

643

00:24:27,830 --> 00:24:24,559

it occurs spontaneously

644

00:24:29,830 --> 00:24:27,840

and it happens repeatedly

645

00:24:31,750 --> 00:24:29,840

we use this term to describe this

646

00:24:32,470 --> 00:24:31,760

phenomena and

647

00:24:35,029 --> 00:24:32,480

we

648

00:24:36,950 --> 00:24:35,039

also consider since about the 1950s it

649

00:24:39,430 --> 00:24:36,960

was around before then but since around

650

00:24:41,909 --> 00:24:39,440

the 1950s this has been a pretty

651
00:24:44,390 --> 00:24:41,919
accepted explanation for when we see

652
00:24:46,549 --> 00:24:44,400
these phenomena occur and what phenomena

653
00:24:49,110 --> 00:24:46,559
am i talking about someone's in a room

654
00:24:50,950 --> 00:24:49,120
and objects start moving around them or

655
00:24:52,149 --> 00:24:50,960
they're in a certain location and it

656
00:24:54,630 --> 00:24:52,159
might be that

657
00:24:55,510 --> 00:24:54,640
loud noises banging on the wall seems to

658
00:24:58,950 --> 00:24:55,520
occur

659
00:25:02,470 --> 00:24:58,960
it seems like there's a lot of

660
00:25:04,390 --> 00:25:02,480
unusual activity around someone that you

661
00:25:06,470 --> 00:25:04,400
can't explain by they're not physically

662
00:25:08,789 --> 00:25:06,480
doing anything but someone obviously has

663
00:25:11,190 --> 00:25:08,799

an effect on things sometimes you might

664

00:25:12,710 --> 00:25:11,200

see this that would cause things to

665

00:25:14,149 --> 00:25:12,720

break

666

00:25:15,510 --> 00:25:14,159

uh things you know things fall off the

667

00:25:18,149 --> 00:25:15,520

wall and break

668

00:25:20,310 --> 00:25:18,159

uh but other times you may see them

669

00:25:22,870 --> 00:25:20,320

actually doing helpful things

670

00:25:24,630 --> 00:25:22,880

like you might find that that uh i had a

671

00:25:26,470 --> 00:25:24,640

friend who was having these types of

672

00:25:29,110 --> 00:25:26,480

things happen to her and what was

673

00:25:31,110 --> 00:25:29,120

happening is she would she was at a door

674

00:25:33,029 --> 00:25:31,120

and she needed to drop her keys off to

675

00:25:35,909 --> 00:25:33,039

get her car fixed and everything was

676
00:25:37,669 --> 00:25:35,919
locked and she got frustrated because a

677
00:25:39,110 --> 00:25:37,679
lot of times this comes from

678
00:25:42,789 --> 00:25:39,120
emotions

679
00:25:44,470 --> 00:25:42,799
anxiety she got frustrated and the door

680
00:25:49,110 --> 00:25:44,480
unlocked

681
00:25:50,470 --> 00:25:49,120
and she was able to leave her keys

682
00:25:51,909 --> 00:25:50,480
and then she called the police and said

683
00:25:54,230 --> 00:25:51,919
hey this door is unlocked but it was

684
00:25:57,430 --> 00:25:54,240
locked beforehand so sometimes they can

685
00:25:59,190 --> 00:25:57,440
actually be helpful occurrences as well

686
00:26:00,950 --> 00:25:59,200
but the idea that they come from an

687
00:26:03,990 --> 00:26:00,960
agent

688
00:26:06,390 --> 00:26:04,000

and that they are oftentimes unconscious

689

00:26:07,590 --> 00:26:06,400

expressions of anxiety

690

00:26:10,950 --> 00:26:07,600

sometimes

691

00:26:14,070 --> 00:26:10,960

suppressed or repressed emotions

692

00:26:14,950 --> 00:26:14,080

this is where the concept rspk comes

693

00:26:17,590 --> 00:26:14,960

from

694

00:26:19,590 --> 00:26:17,600

there are some newer interpretations of

695

00:26:22,549 --> 00:26:19,600

poltergeists which you can hear at the

696

00:26:24,630 --> 00:26:22,559

conference by a man named jerry salfin

697

00:26:25,669 --> 00:26:24,640

brian williams and lloyd are back who

698

00:26:27,909 --> 00:26:25,679

you're going to hear about a little

699

00:26:30,230 --> 00:26:27,919

later this afternoon

700

00:26:32,390 --> 00:26:30,240

in addition besides poltergeist

701

00:26:34,470 --> 00:26:32,400

electrical interferences

702

00:26:36,310 --> 00:26:34,480

having effects on electronics we all

703

00:26:37,750 --> 00:26:36,320

carry phones with us these day well not

704

00:26:39,590 --> 00:26:37,760

everybody but pretty much everybody has

705

00:26:41,909 --> 00:26:39,600

a phone with them a lot of people work

706

00:26:43,990 --> 00:26:41,919

on computers as you are right now and

707

00:26:46,070 --> 00:26:44,000

some people notice that there's some

708

00:26:48,310 --> 00:26:46,080

interference that occurs occasionally

709

00:26:50,310 --> 00:26:48,320

they're not doing it on purpose

710

00:26:52,470 --> 00:26:50,320

but i actually did a study in the lab a

711

00:26:55,830 --> 00:26:52,480

couple of years ago where what we did is

712

00:26:58,230 --> 00:26:55,840

we brought people in and we purposely

713

00:27:00,630 --> 00:26:58,240

checked to see if their anxiety level

714

00:27:02,390 --> 00:27:00,640

would have an effect on creating errors

715

00:27:03,830 --> 00:27:02,400

in the computer system not that they

716

00:27:05,669 --> 00:27:03,840

would make more errors whenever they

717

00:27:07,590 --> 00:27:05,679

were using a computer but that the

718

00:27:10,870 --> 00:27:07,600

actual electronics would create would

719

00:27:12,789 --> 00:27:10,880

have more errors in it and we found yeah

720

00:27:15,029 --> 00:27:12,799

when you're when people develop long

721

00:27:17,269 --> 00:27:15,039

stronger eye anxiety

722

00:27:19,430 --> 00:27:17,279

their electronics start acting up and

723

00:27:20,630 --> 00:27:19,440

they don't work as well so the answer

724

00:27:22,470 --> 00:27:20,640

here is

725

00:27:25,430 --> 00:27:22,480

if you're seeing that happening take a

726
00:27:26,950 --> 00:27:25,440
break walk away take a breath lean back

727
00:27:29,909 --> 00:27:26,960
from your computer

728
00:27:31,190 --> 00:27:29,919
walk for a while come on back

729
00:27:32,549 --> 00:27:31,200
calm down

730
00:27:34,870 --> 00:27:32,559
and see if it went away because

731
00:27:37,350 --> 00:27:34,880
sometimes it does

732
00:27:40,549 --> 00:27:37,360
so it's unconscious pk but unconscious

733
00:27:43,590 --> 00:27:40,559
healing can also happen

734
00:27:44,710 --> 00:27:43,600
spontaneous healings there are

735
00:27:46,470 --> 00:27:44,720
you know

736
00:27:48,310 --> 00:27:46,480
we talk about healing healing just

737
00:27:49,190 --> 00:27:48,320
occurs

738
00:27:53,750 --> 00:27:49,200

but

739

00:27:56,310 --> 00:27:53,760

there are cases where uh for example

740

00:27:58,710 --> 00:27:56,320

there was a man a few years ago who had

741

00:28:00,870 --> 00:27:58,720

well a number of years ago he had cancer

742

00:28:05,269 --> 00:28:00,880

and he was on the verge of death

743

00:28:07,510 --> 00:28:05,279

and he died he had and he literally

744

00:28:09,190 --> 00:28:07,520

physically died

745

00:28:11,110 --> 00:28:09,200

but after

746

00:28:12,630 --> 00:28:11,120

an hour or so

747

00:28:15,029 --> 00:28:12,640

his heart started beating and he came

748

00:28:17,909 --> 00:28:15,039

back to life again so he didn't really

749

00:28:19,350 --> 00:28:17,919

die but he had a near-death experience

750

00:28:21,830 --> 00:28:19,360

during that time

751
00:28:24,310 --> 00:28:21,840
and when he was revived

752
00:28:27,190 --> 00:28:24,320
the cancer that was in his body

753
00:28:29,029 --> 00:28:27,200
disappeared over the next few days

754
00:28:31,750 --> 00:28:29,039
he died

755
00:28:34,149 --> 00:28:31,760
from complications related to the cancer

756
00:28:36,549 --> 00:28:34,159
and within just a few days that cancer

757
00:28:39,750 --> 00:28:36,559
resolved itself spontaneous healing

758
00:28:41,350 --> 00:28:39,760
another man uh had arthritis throughout

759
00:28:42,389 --> 00:28:41,360
his whole body that had developed over

760
00:28:44,470 --> 00:28:42,399
years

761
00:28:49,750 --> 00:28:44,480
he had a

762
00:28:52,470 --> 00:28:49,760
a spontaneous healing

763
00:28:54,789 --> 00:28:52,480

and the arthr arthritis disappeared

764

00:28:57,190 --> 00:28:54,799

within just a few days

765

00:28:59,029 --> 00:28:57,200

and he hasn't had it since

766

00:29:00,789 --> 00:28:59,039

so spontaneously but it's not something

767

00:29:02,549 --> 00:29:00,799

he did consciously these people were not

768

00:29:03,510 --> 00:29:02,559

especially the man who's

769

00:29:05,510 --> 00:29:03,520

dead

770

00:29:08,870 --> 00:29:05,520

he wasn't consciously trying to heal

771

00:29:10,310 --> 00:29:08,880

himself but the healings occurred

772

00:29:13,110 --> 00:29:10,320

and sometimes you'll see this with

773

00:29:14,389 --> 00:29:13,120

healers working with someone they'll be

774

00:29:16,710 --> 00:29:14,399

working with someone and it'll be a

775

00:29:19,029 --> 00:29:16,720

spontaneous healing event that'll occur

776
00:29:19,750 --> 00:29:19,039
as well within the person

777
00:29:22,149 --> 00:29:19,760
but

778
00:29:23,190 --> 00:29:22,159
what about self-healing

779
00:29:25,510 --> 00:29:23,200
well

780
00:29:26,870 --> 00:29:25,520
if i cut my finger

781
00:29:28,950 --> 00:29:26,880
my heel my

782
00:29:31,110 --> 00:29:28,960
finger is going to start healing i'm not

783
00:29:33,269 --> 00:29:31,120
thinking oh i have to heal my finger and

784
00:29:36,870 --> 00:29:33,279
focusing and consciously trying to make

785
00:29:38,149 --> 00:29:36,880
my finger no it just happens naturally

786
00:29:40,310 --> 00:29:38,159
to me

787
00:29:42,470 --> 00:29:40,320
so this self-healing

788
00:29:47,669 --> 00:29:42,480

is something that is also a form of

789

00:29:51,750 --> 00:29:49,750

females this is another term you're

790

00:29:53,029 --> 00:29:51,760

going to hear at the conference and

791

00:29:55,350 --> 00:29:53,039

you'll hear this often times in

792

00:29:57,029 --> 00:29:55,360

parapsychology distant mental influence

793

00:29:58,710 --> 00:29:57,039

on living systems sometimes it's called

794

00:30:00,389 --> 00:29:58,720

direct mental influence on living

795

00:30:03,669 --> 00:30:00,399

systems

796

00:30:09,110 --> 00:30:06,630

look at the terms okay

797

00:30:11,830 --> 00:30:09,120

mental influence on living systems

798

00:30:14,789 --> 00:30:11,840

somebody has an intention to affect a

799

00:30:17,909 --> 00:30:14,799

living system from a distance

800

00:30:20,389 --> 00:30:17,919

or directly affect a living system from

801
00:30:23,029 --> 00:30:20,399
a distance

802
00:30:25,830 --> 00:30:23,039
types of things that might be considered

803
00:30:27,830 --> 00:30:25,840
a form of d mills

804
00:30:29,669 --> 00:30:27,840
are remote healing

805
00:30:30,549 --> 00:30:29,679
most healers

806
00:30:32,310 --> 00:30:30,559
there

807
00:30:33,510 --> 00:30:32,320
are many healers who put their hands on

808
00:30:35,190 --> 00:30:33,520
you

809
00:30:36,549 --> 00:30:35,200
and they touch people and they do their

810
00:30:38,549 --> 00:30:36,559
healing that way but there are other

811
00:30:40,310 --> 00:30:38,559
people who actually do their healing

812
00:30:42,710 --> 00:30:40,320
from a distance they do it over the

813
00:30:44,630 --> 00:30:42,720

phone they do it through

814

00:30:46,870 --> 00:30:44,640

through zoom or skype

815

00:30:48,830 --> 00:30:46,880

they do it from a distance sometimes

816

00:30:52,230 --> 00:30:48,840

from thousands of miles

817

00:30:53,909 --> 00:30:52,240

away and it works as well as if they

818

00:30:56,149 --> 00:30:53,919

were in the room

819

00:30:57,909 --> 00:30:56,159

this would be an example of d mills

820

00:31:00,710 --> 00:30:57,919

affecting a living system from a

821

00:31:03,029 --> 00:31:00,720

distance uh there was a man named vasily

822

00:31:07,269 --> 00:31:03,039

of I.I vasilyev who worked in the soviet

823

00:31:08,789 --> 00:31:07,279

union back in the 1920s through the 40s

824

00:31:09,669 --> 00:31:08,799

and then kind of got revived a little

825

00:31:12,789 --> 00:31:09,679

later

826

00:31:14,389 --> 00:31:12,799

to do more work he was trying to see if

827

00:31:16,630 --> 00:31:14,399

he could evoke

828

00:31:18,789 --> 00:31:16,640

the hypnotic state

829

00:31:21,430 --> 00:31:18,799

in someone from a distance could you

830

00:31:22,310 --> 00:31:21,440

hypnotize someone

831

00:31:25,590 --> 00:31:22,320

from

832

00:31:28,070 --> 00:31:25,600

a you know a mile away many miles away

833

00:31:30,950 --> 00:31:28,080

could you affect their consciousness

834

00:31:32,870 --> 00:31:30,960

their state of mind from a distance

835

00:31:33,750 --> 00:31:32,880

and he apparently was starting to have

836

00:31:36,230 --> 00:31:33,760

some

837

00:31:38,870 --> 00:31:36,240

success with this when about in the

838

00:31:41,350 --> 00:31:38,880

1940s his research was defunded and he

839

00:31:42,870 --> 00:31:41,360

lost his um he couldn't continue with it

840

00:31:44,870 --> 00:31:42,880

until later he came back and started

841

00:31:46,710 --> 00:31:44,880

doing something but at the same time in

842

00:31:48,470 --> 00:31:46,720

the soviet union

843

00:31:50,549 --> 00:31:48,480

there was also there was this book in

844

00:31:52,230 --> 00:31:50,559

the 1970s it was published called

845

00:31:53,669 --> 00:31:52,240

psychic discoveries behind the iron

846

00:31:55,509 --> 00:31:53,679

curtain

847

00:31:57,750 --> 00:31:55,519

and in this book

848

00:31:59,029 --> 00:31:57,760

two researchers had been in the soviet

849

00:32:00,549 --> 00:31:59,039

union

850

00:32:02,389 --> 00:32:00,559

and they had been

851
00:32:03,430 --> 00:32:02,399
learning about the different research

852
00:32:04,950 --> 00:32:03,440
that was going on related to

853
00:32:07,350 --> 00:32:04,960
parapsychology and one of the things

854
00:32:09,909 --> 00:32:07,360
they found was that there were people

855
00:32:12,549 --> 00:32:09,919
trying to learn to cause physical damage

856
00:32:15,190 --> 00:32:12,559
to another person from a distance

857
00:32:18,310 --> 00:32:15,200
to evoke a heart attack to maybe cause

858
00:32:21,110 --> 00:32:18,320
confusion cause someone to become ill

859
00:32:24,389 --> 00:32:21,120
and some of the purpose behind this

860
00:32:26,549 --> 00:32:24,399
seemed to be related to espionage

861
00:32:28,549 --> 00:32:26,559
trying to disrupt

862
00:32:31,430 --> 00:32:28,559
negotiations

863
00:32:33,990 --> 00:32:31,440

trying to physically harm someone from a

864

00:32:36,070 --> 00:32:34,000

distance this is a very

865

00:32:38,870 --> 00:32:36,080

disturbing thing

866

00:32:41,029 --> 00:32:38,880

and when this book was published

867

00:32:42,950 --> 00:32:41,039

and the people in the states found out

868

00:32:45,350 --> 00:32:42,960

that this research was going on in the

869

00:32:47,990 --> 00:32:45,360

soviet union they the intelligence

870

00:32:51,029 --> 00:32:48,000

agency in the state has a response to it

871

00:32:52,870 --> 00:32:51,039

and that response ended up resulting in

872

00:32:56,389 --> 00:32:52,880

the psychic spying program that

873

00:32:58,070 --> 00:32:56,399

eventually was called project stargate

874

00:32:59,750 --> 00:32:58,080

you're going to hear more about that

875

00:33:01,269 --> 00:32:59,760

from paul smith a little later this

876

00:33:03,750 --> 00:33:01,279

afternoon as well

877

00:33:05,830 --> 00:33:03,760

but these are types of examples of demos

878

00:33:07,029 --> 00:33:05,840

affecting live living systems from a

879

00:33:08,950 --> 00:33:07,039

distance

880

00:33:10,710 --> 00:33:08,960

some of you may have seen this movie

881

00:33:13,430 --> 00:33:10,720

that came out a number of years ago

882

00:33:14,630 --> 00:33:13,440

called men who steric goats well

883

00:33:17,190 --> 00:33:14,640

that was

884

00:33:19,110 --> 00:33:17,200

said to be loosely based on some work

885

00:33:20,950 --> 00:33:19,120

that was being done in the states they

886

00:33:25,269 --> 00:33:20,960

had these goats that are called fainting

887

00:33:27,190 --> 00:33:25,279

ghosts goats they're goats not ghosts

888

00:33:29,190 --> 00:33:27,200

goats animals

889

00:33:31,269 --> 00:33:29,200

they had fainting goats

890

00:33:34,470 --> 00:33:31,279

and these goats whenever they get

891

00:33:36,310 --> 00:33:34,480

excited or threatened they fall over as

892

00:33:40,310 --> 00:33:36,320

if they're fainting

893

00:33:41,669 --> 00:33:40,320

and they'd stay still so the idea behind

894

00:33:43,509 --> 00:33:41,679

that movie was that they were having

895

00:33:45,350 --> 00:33:43,519

people stare at the ghosts and trying to

896

00:33:48,070 --> 00:33:45,360

evoke that response

897

00:33:49,830 --> 00:33:48,080

trying to affect the living system from

898

00:33:53,269 --> 00:33:49,840

a distance

899

00:33:56,310 --> 00:33:53,279

these are all examples of d mills so if

900

00:33:57,750 --> 00:33:56,320

you hear that term d mills realize we're

901
00:34:01,350 --> 00:33:57,760

talking about

902
00:34:04,230 --> 00:34:01,360

healing or disrupting living systems

903
00:34:06,310 --> 00:34:04,240

from a distance

904
00:34:07,669 --> 00:34:06,320

so then the question comes up how does

905
00:34:08,869 --> 00:34:07,679

it all work

906
00:34:10,310 --> 00:34:08,879

right

907
00:34:12,869 --> 00:34:10,320

how does this work

908
00:34:15,030 --> 00:34:12,879

how are we going to explain all this

909
00:34:16,629 --> 00:34:15,040

healing and pk stuff we're working in

910
00:34:18,710 --> 00:34:16,639

the laboratory is it something related

911
00:34:21,109 --> 00:34:18,720

to quantum physics

912
00:34:23,510 --> 00:34:21,119

are we finding some physical mechanism

913
00:34:24,869 --> 00:34:23,520

some energies that we can use it or

914

00:34:27,669 --> 00:34:24,879

maybe

915

00:34:30,149 --> 00:34:27,679

perhaps it's aliens

916

00:34:31,909 --> 00:34:30,159

well the truth is

917

00:34:34,869 --> 00:34:31,919

we don't know

918

00:34:36,710 --> 00:34:34,879

there are a lot of theories and i'm

919

00:34:38,629 --> 00:34:36,720

mentioning this and i could go through

920

00:34:40,790 --> 00:34:38,639

theories with you but it would take me

921

00:34:42,710 --> 00:34:40,800

much longer than i have today

922

00:34:44,629 --> 00:34:42,720

you're if you go to the conference

923

00:34:45,909 --> 00:34:44,639

you'll hear a number of different

924

00:34:49,430 --> 00:34:45,919

theories

925

00:34:51,349 --> 00:34:49,440

related about how pk works how subtle

926
00:34:54,149 --> 00:34:51,359
energies are developed how healing

927
00:34:55,589 --> 00:34:54,159
occurs there are a number of speakers

928
00:34:57,750 --> 00:34:55,599
who are part of the conference who'll be

929
00:34:59,190 --> 00:34:57,760
talking about these facts

930
00:35:01,030 --> 00:34:59,200
so

931
00:35:02,710 --> 00:35:01,040
look for more information and other

932
00:35:04,310 --> 00:35:02,720
sources

933
00:35:05,750 --> 00:35:04,320
we really don't know how it works right

934
00:35:09,670 --> 00:35:05,760
now

935
00:35:10,790 --> 00:35:09,680
though because i just have a few minutes

936
00:35:12,550 --> 00:35:10,800
left

937
00:35:14,950 --> 00:35:12,560
and this is a really interesting and

938
00:35:16,790 --> 00:35:14,960

important topic subtle energies are

939

00:35:18,630 --> 00:35:16,800

energies of the human body let me first

940

00:35:20,470 --> 00:35:18,640

talk about the energies of the human

941

00:35:22,230 --> 00:35:20,480

body because these are things that a lot

942

00:35:25,589 --> 00:35:22,240

of people know about there are

943

00:35:28,150 --> 00:35:25,599

electrical charges in our bodies

944

00:35:29,829 --> 00:35:28,160

our nervous system all of our nerves are

945

00:35:31,589 --> 00:35:29,839

there's electrical signals and electro

946

00:35:33,589 --> 00:35:31,599

impulses that cause our nerves to allow

947

00:35:37,109 --> 00:35:33,599

us to feel allow us to move

948

00:35:38,589 --> 00:35:37,119

all of this is electrical in nature eegs

949

00:35:40,390 --> 00:35:38,599

brain waves

950

00:35:42,390 --> 00:35:40,400

electroencephalograms is what they're

951
00:35:45,829 --> 00:35:42,400
called eegs

952
00:35:47,829 --> 00:35:45,839
this is electrical activity in the brain

953
00:35:49,349 --> 00:35:47,839
there are some chemical reactions in the

954
00:35:53,670 --> 00:35:49,359
body and these chemical reactions

955
00:35:55,430 --> 00:35:53,680
produce electrical charges occasionally

956
00:35:58,310 --> 00:35:55,440
there are ways to measure this is not

957
00:36:00,069 --> 00:35:58,320
parapsychology this is biology or

958
00:36:02,230 --> 00:36:00,079
physics depending upon how you look at

959
00:36:03,990 --> 00:36:02,240
it but or chemistry in some cases but

960
00:36:04,870 --> 00:36:04,000
the the reason i'm mentioning because

961
00:36:09,670 --> 00:36:04,880
these are

962
00:36:11,829 --> 00:36:09,680
very small charges really tiny

963
00:36:13,990 --> 00:36:11,839

you notice this man in this picture here

964

00:36:16,230 --> 00:36:14,000

and he has this cap on with all these

965

00:36:18,710 --> 00:36:16,240

electrodes pressed really tightly

966

00:36:20,550 --> 00:36:18,720

against his head that's to measure the

967

00:36:23,190 --> 00:36:20,560

electrical activity that's occurring

968

00:36:25,829 --> 00:36:23,200

within his brain

969

00:36:28,069 --> 00:36:25,839

you can see it but you have to push

970

00:36:29,829 --> 00:36:28,079

really hard on the skin it has to be

971

00:36:31,190 --> 00:36:29,839

pressed really tightly

972

00:36:35,510 --> 00:36:31,200

and

973

00:36:37,030 --> 00:36:35,520

it has to be very sensitive sensors

974

00:36:39,270 --> 00:36:37,040

same thing with the nervous system you

975

00:36:40,310 --> 00:36:39,280

can measure that against the skin and

976

00:36:42,150 --> 00:36:40,320

you can measure the electrical

977

00:36:43,910 --> 00:36:42,160

activities but if you start to move away

978

00:36:46,630 --> 00:36:43,920

from the skin

979

00:36:49,190 --> 00:36:46,640

even if you move a centimeter away which

980

00:36:50,870 --> 00:36:49,200

is you know a little more about quarter

981

00:36:52,550 --> 00:36:50,880

a quarter of an inch or a little more

982

00:36:55,750 --> 00:36:52,560

third of an inch or something even if

983

00:36:57,750 --> 00:36:55,760

you move a little bit away from the skin

984

00:36:59,910 --> 00:36:57,760

you you don't see it at all you can't

985

00:37:01,510 --> 00:36:59,920

measure it well in most cases there are

986

00:37:03,430 --> 00:37:01,520

special situations but i'll get into

987

00:37:05,670 --> 00:37:03,440

that but

988

00:37:08,069 --> 00:37:05,680

essentially these electrical charges can

989

00:37:11,109 --> 00:37:08,079

only be measured inside the body or

990

00:37:12,710 --> 00:37:11,119

directly on the skin

991

00:37:14,390 --> 00:37:12,720

getting to getting far away from the

992

00:37:16,069 --> 00:37:14,400

body even as

993

00:37:17,109 --> 00:37:16,079

more than a few millimeters away from

994

00:37:18,870 --> 00:37:17,119

the body

995

00:37:22,870 --> 00:37:18,880

you cannot measure these electrical

996

00:37:24,550 --> 00:37:22,880

charges in normal situations

997

00:37:25,910 --> 00:37:24,560

oh free radicals you know i don't have

998

00:37:27,430 --> 00:37:25,920

time to get into free radicals but i

999

00:37:28,790 --> 00:37:27,440

wanted to mention it here because free

1000

00:37:31,349 --> 00:37:28,800

radicals are something you might hear

1001
00:37:34,470 --> 00:37:31,359
about um they're related to a topic

1002
00:37:36,390 --> 00:37:34,480
called grounding or earthing

1003
00:37:38,390 --> 00:37:36,400
which is touching the ground with your

1004
00:37:40,230 --> 00:37:38,400
physical body to allow these free

1005
00:37:41,430 --> 00:37:40,240
radicals to travel i'm not going to go

1006
00:37:44,150 --> 00:37:41,440
into details but there are some

1007
00:37:45,829 --> 00:37:44,160
potential health benefits uh you might

1008
00:37:47,030 --> 00:37:45,839
hear about this in the conference and

1009
00:37:48,829 --> 00:37:47,040
you can look it up if you want to know a

1010
00:37:51,030 --> 00:37:48,839
little bit more about free

1011
00:37:53,109 --> 00:37:51,040
radicals but what i do want to talk

1012
00:37:54,870 --> 00:37:53,119
about is magnetic fields because people

1013
00:37:56,069 --> 00:37:54,880

often talk about healing or they talk

1014

00:37:58,390 --> 00:37:56,079

about

1015

00:37:59,589 --> 00:37:58,400

psychokinesis as if it's magnetic in

1016

00:38:01,349 --> 00:37:59,599

nature

1017

00:38:03,589 --> 00:38:01,359

well within the body

1018

00:38:05,510 --> 00:38:03,599

there's electrical currents

1019

00:38:07,750 --> 00:38:05,520

anywhere there are electrical currents

1020

00:38:09,750 --> 00:38:07,760

there is a magnetic field this is

1021

00:38:12,069 --> 00:38:09,760

standard electrical engineering

1022

00:38:14,950 --> 00:38:12,079

there's a magnetic field anytime there's

1023

00:38:17,030 --> 00:38:14,960

an electric there's electricity flowing

1024

00:38:19,270 --> 00:38:17,040

within the body we call this

1025

00:38:20,790 --> 00:38:19,280

biomagnetism

1026
00:38:22,790 --> 00:38:20,800
it's something where you can see that

1027
00:38:25,270 --> 00:38:22,800
you can find there are certain magnetic

1028
00:38:28,310 --> 00:38:25,280
properties to the body

1029
00:38:31,190 --> 00:38:28,320
but again it can only be measured by

1030
00:38:33,910 --> 00:38:31,200
very sensitive devices

1031
00:38:35,670 --> 00:38:33,920
really it's not strong enough these

1032
00:38:39,990 --> 00:38:35,680
again you move off the skin and you

1033
00:38:43,030 --> 00:38:41,190
there are

1034
00:38:44,870 --> 00:38:43,040
some instruments that can measure it but

1035
00:38:47,109 --> 00:38:44,880
in order to measure the magnetic field

1036
00:38:49,430 --> 00:38:47,119
or the electrical field from a more of a

1037
00:38:50,630 --> 00:38:49,440
distance away from the body you have to

1038
00:38:52,470 --> 00:38:50,640

have people

1039

00:38:56,390 --> 00:38:52,480

in a completely shielded room that

1040

00:38:59,109 --> 00:38:56,400

shields out all other magnetic fields

1041

00:39:00,550 --> 00:38:59,119

all other electrical fields all the cell

1042

00:39:02,390 --> 00:39:00,560

phone information

1043

00:39:04,870 --> 00:39:02,400

information that's flowing around all

1044

00:39:06,230 --> 00:39:04,880

the electronic noise that's around us

1045

00:39:08,069 --> 00:39:06,240

you have to have a minifiring occasion

1046

00:39:11,190 --> 00:39:08,079

but not only in a faraday cage but it

1047

00:39:13,670 --> 00:39:11,200

has to block out everything you can

1048

00:39:16,310 --> 00:39:13,680

and keep it very very electronically and

1049

00:39:17,589 --> 00:39:16,320

magnetically quiet

1050

00:39:19,829 --> 00:39:17,599

and then

1051
00:39:22,870 --> 00:39:19,839
a distance from the body you can start

1052
00:39:26,710 --> 00:39:22,880
to measure the very very

1053
00:39:31,510 --> 00:39:29,589
so these are the energies of the body

1054
00:39:33,349 --> 00:39:31,520
now why am i going into these well you

1055
00:39:35,510 --> 00:39:33,359
often some of you may be familiar with

1056
00:39:37,349 --> 00:39:35,520
this diagram it's and i apologize if

1057
00:39:38,870 --> 00:39:37,359
it's so familiar that you are

1058
00:39:40,550 --> 00:39:38,880
recognizing the organization it comes

1059
00:39:43,589 --> 00:39:40,560
from i'm not criticizing the

1060
00:39:44,790 --> 00:39:43,599
organization in any way but this

1061
00:39:46,950 --> 00:39:44,800
diagram

1062
00:39:48,870 --> 00:39:46,960
is supposed to represent the magnetic

1063
00:39:50,790 --> 00:39:48,880

fields of the body and you notice

1064

00:39:53,589 --> 00:39:50,800

there's a one centered around the heart

1065

00:39:55,910 --> 00:39:53,599

and there's one that's a larger one that

1066

00:39:58,390 --> 00:39:55,920

encompasses the whole body from over the

1067

00:40:00,550 --> 00:39:58,400

top of the head down to the crown the

1068

00:40:03,510 --> 00:40:00,560

base chakra we'll talk about chakras in

1069

00:40:05,190 --> 00:40:03,520

a minute and this is a supposedly a

1070

00:40:06,550 --> 00:40:05,200

diagram of the magnetic field of the

1071

00:40:10,230 --> 00:40:06,560

body

1072

00:40:12,710 --> 00:40:10,240

but as i mentioned we don't have any

1073

00:40:15,829 --> 00:40:12,720

instruments to measure this

1074

00:40:20,150 --> 00:40:15,839

so is there a human magnetic field yeah

1075

00:40:22,630 --> 00:40:20,160

but it doesn't extend out to this level

1076

00:40:25,109 --> 00:40:22,640

so i'm going to put this no it doesn't

1077

00:40:27,510 --> 00:40:25,119

really happen but why do these people

1078

00:40:29,990 --> 00:40:27,520

indicate this well what they do

1079

00:40:32,150 --> 00:40:30,000

is they have other people

1080

00:40:34,630 --> 00:40:32,160

who are sensitive

1081

00:40:37,589 --> 00:40:34,640

to subtle energies what they call subtle

1082

00:40:39,430 --> 00:40:37,599

energies and these people are able to

1083

00:40:42,470 --> 00:40:39,440

detect

1084

00:40:45,349 --> 00:40:42,480

fields around other people but are they

1085

00:40:47,109 --> 00:40:45,359

actually feeling it as if it's a magnet

1086

00:40:51,589 --> 00:40:47,119

magnetic field

1087

00:40:53,670 --> 00:40:51,599

it really magnetic is it electrical as

1088

00:40:55,750 --> 00:40:53,680

they some of people say

1089

00:40:57,349 --> 00:40:55,760

can't measure it electrically so is it

1090

00:40:59,190 --> 00:40:57,359

really electrical

1091

00:41:00,390 --> 00:40:59,200

or is it that they're detecting

1092

00:41:03,109 --> 00:41:00,400

something

1093

00:41:05,190 --> 00:41:03,119

that is not measurable using our current

1094

00:41:07,109 --> 00:41:05,200

technologies

1095

00:41:11,270 --> 00:41:07,119

and they're considering that this is the

1096

00:41:14,470 --> 00:41:12,790

there are some other things that you can

1097

00:41:16,870 --> 00:41:14,480

measure around the body one of them is

1098

00:41:19,030 --> 00:41:16,880

body temperature with infrared light

1099

00:41:22,150 --> 00:41:19,040

galvanic skin response conductivity on

1100

00:41:23,270 --> 00:41:22,160

the skin and then also bio photons this

1101
00:41:25,349 --> 00:41:23,280
is something you're going to hear as

1102
00:41:27,430 --> 00:41:25,359
well bio photons

1103
00:41:29,589 --> 00:41:27,440
what are bio photons

1104
00:41:32,069 --> 00:41:29,599
it's really simple actually

1105
00:41:34,790 --> 00:41:32,079
bio photons are very low level

1106
00:41:37,829 --> 00:41:34,800
ultraviolet light emissions from organic

1107
00:41:41,349 --> 00:41:37,839
material or organic matter

1108
00:41:43,829 --> 00:41:41,359
if any organic matter produces

1109
00:41:46,230 --> 00:41:43,839
ultraviolet light this is something back

1110
00:41:47,670 --> 00:41:46,240
in the 1970s man frame fritz pop

1111
00:41:49,750 --> 00:41:47,680
popularized this it was actually

1112
00:41:52,309 --> 00:41:49,760
discovered in the 20s but french pop

1113
00:41:54,950 --> 00:41:52,319

talked about this in the 1970s and

1114

00:41:56,309 --> 00:41:54,960

everybody thought he was a little crazy

1115

00:42:01,270 --> 00:41:56,319

but what

1116

00:42:03,990 --> 00:42:01,280

has occurred since in the next 50 years

1117

00:42:06,309 --> 00:42:04,000

up to the current time this has become

1118

00:42:08,870 --> 00:42:06,319

no longer this crazy edge science but

1119

00:42:12,550 --> 00:42:08,880

it's now biology it's being studied in

1120

00:42:16,470 --> 00:42:12,560

upper level biology courses in uh japan

1121

00:42:17,910 --> 00:42:16,480

in mit stanford italy all in germany all

1122

00:42:20,710 --> 00:42:17,920

over the world there are people studying

1123

00:42:22,470 --> 00:42:20,720

as an upper level biology why is this

1124

00:42:25,109 --> 00:42:22,480

upper level this ultraviolet light

1125

00:42:27,430 --> 00:42:25,119

occurring how is it occurring

1126
00:42:29,829 --> 00:42:27,440
and what is its purpose

1127
00:42:31,430 --> 00:42:29,839
it seems to vary with stress on

1128
00:42:36,230 --> 00:42:31,440
organisms

1129
00:42:37,270 --> 00:42:36,240
injured will produce more ultraviolet

1130
00:42:40,470 --> 00:42:37,280
light

1131
00:42:42,230 --> 00:42:40,480
but other organisms animals whenever

1132
00:42:45,990 --> 00:42:42,240
they are sick

1133
00:42:48,230 --> 00:42:46,000
will produce less ultraviolet light

1134
00:42:50,470 --> 00:42:48,240
some some researchers have also looked

1135
00:42:52,230 --> 00:42:50,480
at it in terms of cell communication

1136
00:42:53,910 --> 00:42:52,240
could it be means within the body this

1137
00:42:56,870 --> 00:42:53,920
is biology again this isn't

1138
00:42:59,190 --> 00:42:56,880

parapsychology this is biology self

1139

00:43:00,950 --> 00:42:59,200

communication causing the cells to

1140

00:43:03,510 --> 00:43:00,960

communicate using light within the body

1141

00:43:05,670 --> 00:43:03,520

and there's also studies about the brain

1142

00:43:08,790 --> 00:43:05,680

and whether neurons are being triggered

1143

00:43:10,630 --> 00:43:08,800

using ultraviolet light

1144

00:43:12,870 --> 00:43:10,640

so this science has progressed a great

1145

00:43:15,510 --> 00:43:12,880

deal especially within the last 15 or 20

1146

00:43:18,630 --> 00:43:15,520

years it's made a lot of progress and at

1147

00:43:20,550 --> 00:43:18,640

the rhine we have a bio energy lab and

1148

00:43:22,790 --> 00:43:20,560

without going into the details of it

1149

00:43:25,270 --> 00:43:22,800

i'll say we have a very dark room where

1150

00:43:27,430 --> 00:43:25,280

we measure these very very low levels of

1151
00:43:29,910 --> 00:43:27,440
light from people and we bring in people

1152
00:43:32,550 --> 00:43:29,920
who are healers they say they're healers

1153
00:43:34,550 --> 00:43:32,560
people who say who are martial artists

1154
00:43:38,069 --> 00:43:34,560
or who do a lot of meditation and we try

1155
00:43:41,109 --> 00:43:38,079
to see if they produce more biophotons

1156
00:43:43,750 --> 00:43:41,119
during this activity and we find that

1157
00:43:46,870 --> 00:43:43,760
yes we oftentimes see

1158
00:43:48,630 --> 00:43:46,880
more biophotons ultraviolet light from

1159
00:43:51,510 --> 00:43:48,640
them when they're performing their

1160
00:43:53,510 --> 00:43:51,520
healing activities

1161
00:43:56,550 --> 00:43:53,520
it's a lot more around bioenergy and

1162
00:43:59,670 --> 00:43:56,560
biophotons but i want to move on to some

1163
00:44:02,309 --> 00:43:59,680

other examples of subtle energies that

1164

00:44:04,069 --> 00:44:02,319

you might hear about and one is the aura

1165

00:44:05,510 --> 00:44:04,079

a lot of people hear about biophotons

1166

00:44:07,030 --> 00:44:05,520

and they say well okay you're seeing

1167

00:44:09,510 --> 00:44:07,040

light around the body obviously that's

1168

00:44:12,069 --> 00:44:09,520

the aura well the r is quite it's quite

1169

00:44:13,990 --> 00:44:12,079

a different phenomenon

1170

00:44:17,030 --> 00:44:14,000

the aura is light

1171

00:44:18,630 --> 00:44:17,040

that people see around physical bodies

1172

00:44:19,990 --> 00:44:18,640

and sometimes they see it in different

1173

00:44:23,190 --> 00:44:20,000

colors

1174

00:44:25,910 --> 00:44:23,200

ultraviolet light the biophotons are not

1175

00:44:28,390 --> 00:44:25,920

visible you can't see them

1176

00:44:31,109 --> 00:44:28,400

so the ultraviolet light really isn't

1177

00:44:34,069 --> 00:44:31,119

the aura but the auras are ways that

1178

00:44:35,510 --> 00:44:34,079

some people some healers oftentimes look

1179

00:44:37,270 --> 00:44:35,520

at the body

1180

00:44:39,270 --> 00:44:37,280

and they're able to see this

1181

00:44:41,030 --> 00:44:39,280

light aura around it and they're able to

1182

00:44:42,630 --> 00:44:41,040

see different disruptions in the light

1183

00:44:45,270 --> 00:44:42,640

or different colors

1184

00:44:47,190 --> 00:44:45,280

and those disruptions or those colors

1185

00:44:48,870 --> 00:44:47,200

could indicate to them that a certain

1186

00:44:50,470 --> 00:44:48,880

illness is occurring

1187

00:44:53,190 --> 00:44:50,480

or that there's a certain level of

1188

00:44:55,270 --> 00:44:53,200

health in that individual that's that

1189

00:44:57,270 --> 00:44:55,280

diagram up there on the top right where

1190

00:44:59,750 --> 00:44:57,280

you see the abcdef

1191

00:45:01,430 --> 00:44:59,760

those are actually a way many

1192

00:45:04,950 --> 00:45:01,440

uh healing

1193

00:45:06,950 --> 00:45:04,960

or subtle energy practitioners ex say

1194

00:45:09,030 --> 00:45:06,960

there are different bodies there is the

1195

00:45:10,950 --> 00:45:09,040

physical body but there's also the

1196

00:45:13,270 --> 00:45:10,960

etherical body

1197

00:45:15,750 --> 00:45:13,280

there's the emotional body there's the

1198

00:45:17,589 --> 00:45:15,760

mental body and then there's the greater

1199

00:45:21,109 --> 00:45:17,599

body that is related to our connection

1200

00:45:22,630 --> 00:45:21,119

to other people and our society and this

1201

00:45:25,589 --> 00:45:22,640

so they see these different they are

1202

00:45:27,510 --> 00:45:25,599

actually bodies that they see that are

1203

00:45:28,790 --> 00:45:27,520

separated from each other like different

1204

00:45:31,109 --> 00:45:28,800

levels

1205

00:45:33,589 --> 00:45:31,119

and oftentimes they can work within

1206

00:45:35,910 --> 00:45:33,599

these different levels some talk about

1207

00:45:39,589 --> 00:45:35,920

these as if they may be

1208

00:45:42,470 --> 00:45:39,599

represented in the aura

1209

00:45:43,910 --> 00:45:42,480

in addition that guy in the doing the

1210

00:45:46,710 --> 00:45:43,920

lotus position with all those little

1211

00:45:49,910 --> 00:45:46,720

dots on them those are representative of

1212

00:45:54,470 --> 00:45:49,920

the chakras chakras are energy centers

1213

00:45:56,470 --> 00:45:54,480

that many practices see within the body

1214

00:45:58,309 --> 00:45:56,480

eastern medicine uses this a lot but

1215

00:46:00,950 --> 00:45:58,319

there are many practices that use it

1216

00:46:02,950 --> 00:46:00,960

there are typically seven chakras but it

1217

00:46:06,150 --> 00:46:02,960

actually varies anywhere from like five

1218

00:46:08,069 --> 00:46:06,160

to 140 or so chakras there's a lot of

1219

00:46:09,990 --> 00:46:08,079

variation here one of the things i want

1220

00:46:12,230 --> 00:46:10,000

to say about chakras they are these

1221

00:46:15,109 --> 00:46:12,240

energy centers and oftentimes healers

1222

00:46:17,270 --> 00:46:15,119

will try to balance energies or move

1223

00:46:21,670 --> 00:46:17,280

energies from these different chakras

1224

00:46:26,390 --> 00:46:24,550

to improve health

1225

00:46:28,790 --> 00:46:26,400

you're going to hear a lot about the

1226
00:46:30,309 --> 00:46:28,800
chakras from margaret moga who's going

1227
00:46:31,990 --> 00:46:30,319
to be speaking on the first night of the

1228
00:46:34,230 --> 00:46:32,000
conference she'll be speaking about all

1229
00:46:35,270 --> 00:46:34,240
these topics

1230
00:46:36,870 --> 00:46:35,280
i'm not going to go into aura

1231
00:46:39,030 --> 00:46:36,880
photography or corellian photography

1232
00:46:41,430 --> 00:46:39,040
because i don't have time today but i do

1233
00:46:44,470 --> 00:46:41,440
want to mention one final

1234
00:46:45,589 --> 00:46:44,480
topic here and that's the terms ki

1235
00:46:46,870 --> 00:46:45,599
chi

1236
00:46:49,589 --> 00:46:46,880
prana

1237
00:46:51,270 --> 00:46:49,599
it's the life force energy in the body

1238
00:46:53,670 --> 00:46:51,280

you hear this from martial art artists

1239

00:46:55,430 --> 00:46:53,680

eastern practitioners

1240

00:46:57,670 --> 00:46:55,440

and besides this life force energy is

1241

00:46:59,670 --> 00:46:57,680

what is what is present

1242

00:47:01,750 --> 00:46:59,680

in a living body but not present in a

1243

00:47:03,829 --> 00:47:01,760

body that's not alive

1244

00:47:05,670 --> 00:47:03,839

there are also meridians

1245

00:47:07,829 --> 00:47:05,680

that flow through the body and you see

1246

00:47:09,670 --> 00:47:07,839

that little diagram there with the red

1247

00:47:11,750 --> 00:47:09,680

and blue on it

1248

00:47:13,430 --> 00:47:11,760

they're not nerves and arteries but

1249

00:47:15,510 --> 00:47:13,440

they're actually pathways that the

1250

00:47:17,589 --> 00:47:15,520

energy might flow through and this is

1251

00:47:20,230 --> 00:47:17,599

where acupuncture points might be

1252

00:47:22,390 --> 00:47:20,240

connected uh herbalism might affect this

1253

00:47:24,950 --> 00:47:22,400

martial artists often discuss the

1254

00:47:27,349 --> 00:47:24,960

meridians and qi or ki

1255

00:47:28,150 --> 00:47:27,359

so these are different terms you might

1256

00:47:29,750 --> 00:47:28,160

hear

1257

00:47:52,309 --> 00:47:29,760

they're related to

1258

00:47:57,829 --> 00:47:54,630

welcome back everyone

1259

00:48:02,069 --> 00:48:00,230

john i will say there was a fascinating

1260

00:48:03,270 --> 00:48:02,079

moment during your talk when you were

1261

00:48:04,630 --> 00:48:03,280

talking about the electrical

1262

00:48:06,470 --> 00:48:04,640

disturbances

1263

00:48:07,990 --> 00:48:06,480

and suddenly i don't know if it was

1264

00:48:10,069 --> 00:48:08,000

anybody else

1265

00:48:13,270 --> 00:48:10,079

or if it was just for me

1266

00:48:15,270 --> 00:48:13,280

suddenly everything cut out for a moment

1267

00:48:16,710 --> 00:48:15,280

oh my god oh my god and then it came

1268

00:48:17,670 --> 00:48:16,720

back

1269

00:48:20,470 --> 00:48:17,680

okay

1270

00:48:24,069 --> 00:48:20,480

somebody's somebody's testing us here

1271

00:48:24,079 --> 00:48:27,589

i i have a test for that

1272

00:48:31,349 --> 00:48:29,910

that was that was pretty clever if so if

1273

00:48:33,190 --> 00:48:31,359

that was intentional that was clever so

1274

00:48:34,950 --> 00:48:33,200

we've got about 10 minutes

1275

00:48:37,670 --> 00:48:34,960

and thank you for pointing out that

1276

00:48:39,750 --> 00:48:37,680

there is not just one question there are

1277

00:48:41,750 --> 00:48:39,760

a bunch so

1278

00:48:43,750 --> 00:48:41,760

let's quickly whoo we've got a bunch

1279

00:48:46,549 --> 00:48:43,760

here uh

1280

00:48:48,069 --> 00:48:46,559

good gracious

1281

00:48:50,470 --> 00:48:48,079

i'm happy to talk about anything you

1282

00:48:53,910 --> 00:48:50,480

want here um uh

1283

00:48:58,950 --> 00:48:56,150

so the the first one i saw that's been

1284

00:49:01,109 --> 00:48:58,960

there for a while right off the bat was

1285

00:49:03,829 --> 00:49:01,119

it says uh

1286

00:49:06,230 --> 00:49:03,839

let's see

1287

00:49:07,990 --> 00:49:06,240

uh there was one from william mayer that

1288

00:49:10,230 --> 00:49:08,000

said what you seem to be describing in

1289

00:49:12,150 --> 00:49:10,240

your micro pk work sounds a lot like

1290

00:49:13,990 --> 00:49:12,160

what was being done

1291

00:49:15,190 --> 00:49:14,000

well you know what let's bring it up on

1292

00:49:18,230 --> 00:49:15,200

the stage

1293

00:49:21,750 --> 00:49:19,829

i'll let you and then

1294

00:49:23,750 --> 00:49:21,760

at the pears lab are you essentially

1295

00:49:27,190 --> 00:49:23,760

duplicating this research or is your

1296

00:49:29,349 --> 00:49:27,200

program clearly distinct

1297

00:49:31,109 --> 00:49:29,359

the pair lab was working with micro pk

1298

00:49:32,950 --> 00:49:31,119

they were looking at uh random number

1299

00:49:34,630 --> 00:49:32,960

generators or random event generators

1300

00:49:36,950 --> 00:49:34,640

they called them and trying to see if

1301

00:49:39,910 --> 00:49:36,960

people could intentionally affect

1302

00:49:42,710 --> 00:49:39,920

uh a quantum activity within these

1303

00:49:44,630 --> 00:49:42,720

random event generators they had created

1304

00:49:47,510 --> 00:49:44,640

we're using the same tools

1305

00:49:49,750 --> 00:49:47,520

we're we were using their exact random

1306

00:49:51,910 --> 00:49:49,760

object vent generators using the same

1307

00:49:53,510 --> 00:49:51,920

process there have been some newer ones

1308

00:49:55,430 --> 00:49:53,520

that have been developed recently but

1309

00:49:56,950 --> 00:49:55,440

we're using the same tools what they

1310

00:49:59,510 --> 00:49:56,960

were doing at princeton which was an

1311

00:50:00,630 --> 00:49:59,520

incredible program i mean it was amazing

1312

00:50:03,670 --> 00:50:00,640

what they did

1313

00:50:05,270 --> 00:50:03,680

they were doing a proof-oriented study

1314

00:50:07,510 --> 00:50:05,280

does this happen

1315

00:50:11,030 --> 00:50:07,520

and they had millions and millions of

1316

00:50:13,190 --> 00:50:11,040

trials over over 20 25 years

1317

00:50:15,190 --> 00:50:13,200

what we're trying to do is take this a

1318

00:50:17,349 --> 00:50:15,200

step further yes we do have people

1319

00:50:19,430 --> 00:50:17,359

affecting electronics maybe random

1320

00:50:20,790 --> 00:50:19,440

number generators quantum events but

1321

00:50:23,750 --> 00:50:20,800

we're trying to figure out

1322

00:50:25,910 --> 00:50:23,760

well can we learn about what it is

1323

00:50:28,630 --> 00:50:25,920

can we understand can we do more process

1324

00:50:30,230 --> 00:50:28,640

oriented we're taking the next step

1325

00:50:31,670 --> 00:50:30,240

it happens

1326

00:50:33,190 --> 00:50:31,680

so that's where we're different from

1327

00:50:34,870 --> 00:50:33,200

from what was being done in princeton

1328

00:50:37,430 --> 00:50:34,880

princeton did great work to demonstrate

1329

00:50:39,349 --> 00:50:37,440

it happens now we want to know well how

1330

00:50:40,870 --> 00:50:39,359

does it happen and so this is what we've

1331

00:50:43,030 --> 00:50:40,880

been working on

1332

00:50:45,750 --> 00:50:43,040

understood so before we take any other

1333

00:50:48,069 --> 00:50:45,760

questions one thank you that was

1334

00:50:49,589 --> 00:50:48,079

fantastic work and i know you prepared

1335

00:50:51,349 --> 00:50:49,599

it for last year

1336

00:50:53,349 --> 00:50:51,359

um and i know that you're doing you know

1337

00:50:55,349 --> 00:50:53,359

your convention again this year so you

1338

00:50:57,670 --> 00:50:55,359

have chaired it two years in a row so

1339

00:50:59,589 --> 00:50:57,680

thank you so much for this great work

1340

00:51:01,589 --> 00:50:59,599

um do you mind telling us a little bit

1341

00:51:03,829 --> 00:51:01,599

about based on

1342

00:51:05,589 --> 00:51:03,839

you referenced a lot of things about

1343

00:51:06,950 --> 00:51:05,599

what's going to happen for the coming

1344

00:51:08,630 --> 00:51:06,960

year but that was for last year's

1345

00:51:10,390 --> 00:51:08,640

conference do you have any thoughts

1346

00:51:12,069 --> 00:51:10,400

about what's coming up for this year's

1347

00:51:13,190 --> 00:51:12,079

conference that you want to mention so

1348

00:51:15,349 --> 00:51:13,200

that

1349

00:51:17,829 --> 00:51:15,359

you know people will be a little have

1350

00:51:18,790 --> 00:51:17,839

that in in their minds as this is a prep

1351
00:51:20,309 --> 00:51:18,800
for that

1352
00:51:22,950 --> 00:51:20,319
sure well

1353
00:51:24,710 --> 00:51:22,960
the this conference it's wonderful it's

1354
00:51:26,710 --> 00:51:24,720
a wonderful opportunity to really get to

1355
00:51:28,630 --> 00:51:26,720
know people and get to spend time with

1356
00:51:30,150 --> 00:51:28,640
people just like in here we have the

1357
00:51:31,589 --> 00:51:30,160
opportunity to kind of network a little

1358
00:51:33,510 --> 00:51:31,599
bit and get to be able to sit down with

1359
00:51:36,230 --> 00:51:33,520
people and have conversations

1360
00:51:38,309 --> 00:51:36,240
uh there's a this is a different format

1361
00:51:41,109 --> 00:51:38,319
that you'll see for the conference it's

1362
00:51:42,710 --> 00:51:41,119
using a format by healthy seminars

1363
00:51:44,870 --> 00:51:42,720

and i know you've seen the link on how

1364

00:51:46,950 --> 00:51:44,880

to sign up and i'm sure that it'll be

1365

00:51:48,790 --> 00:51:46,960

posted if you don't see it right now

1366

00:51:50,309 --> 00:51:48,800

but uh what you're what you'll see when

1367

00:51:53,430 --> 00:51:50,319

you go there is you'll see a number of

1368

00:51:56,549 --> 00:51:53,440

speaking we have i think about 26 28

1369

00:51:58,870 --> 00:51:56,559

speakers who are scheduled to give talks

1370

00:52:01,589 --> 00:51:58,880

as well as some invited speakers but we

1371

00:52:05,030 --> 00:52:01,599

also have a lot of what we're calling

1372

00:52:07,270 --> 00:52:05,040

brief video presentations and are just

1373

00:52:09,589 --> 00:52:07,280

three to five minute videos

1374

00:52:10,790 --> 00:52:09,599

on a number of different topics by

1375

00:52:12,390 --> 00:52:10,800

presenters

1376

00:52:14,950 --> 00:52:12,400

and so they'll be available for you to

1377

00:52:17,030 --> 00:52:14,960

just browse through go through three to

1378

00:52:19,990 --> 00:52:17,040

five minutes on each of them get a sense

1379

00:52:22,069 --> 00:52:20,000

of taste of the different research and

1380

00:52:23,990 --> 00:52:22,079

also have an opportunity to contact the

1381

00:52:25,670 --> 00:52:24,000

researchers or the presenters

1382

00:52:27,270 --> 00:52:25,680

and speak to them

1383

00:52:29,109 --> 00:52:27,280

and maybe have a little private

1384

00:52:31,109 --> 00:52:29,119

conference with them depending upon when

1385

00:52:33,430 --> 00:52:31,119

they're available so this gives you some

1386

00:52:34,790 --> 00:52:33,440

other opportunities to learn about

1387

00:52:36,150 --> 00:52:34,800

things and pick and choose what you're

1388

00:52:37,829 --> 00:52:36,160

interested in

1389

00:52:39,190 --> 00:52:37,839

and when we actually

1390

00:52:40,549 --> 00:52:39,200

compete

1391

00:52:41,910 --> 00:52:40,559

i'm sorry mark

1392

00:52:44,309 --> 00:52:41,920

i'm so sorry i just meant especially in

1393

00:52:46,710 --> 00:52:44,319

regards to the pk work like with just

1394

00:52:48,150 --> 00:52:46,720

the presentation just in healing

1395

00:52:49,829 --> 00:52:48,160

uh some of those things what are those

1396

00:52:52,150 --> 00:52:49,839

things that people can look forward to

1397

00:52:53,430 --> 00:52:52,160

in the conference okay well yes i was

1398

00:52:55,190 --> 00:52:53,440

just talking about the conference in

1399

00:52:56,710 --> 00:52:55,200

general um

1400

00:52:58,710 --> 00:52:56,720

so some of the presentations that are

1401
00:53:00,870 --> 00:52:58,720
coming up we have a whole section on uh

1402
00:53:02,950 --> 00:53:00,880
that's going to be related to apports

1403
00:53:04,790 --> 00:53:02,960
kind of uh

1404
00:53:06,790 --> 00:53:04,800
objects that just seem to appear out of

1405
00:53:07,990 --> 00:53:06,800
nowhere uh we have a presenter who's

1406
00:53:09,750 --> 00:53:08,000
going to be talking about that we have

1407
00:53:10,950 --> 00:53:09,760
someone who's going to be talking about

1408
00:53:15,270 --> 00:53:10,960
uh

1409
00:53:17,589 --> 00:53:15,280
martial arts studio they've noticed in

1410
00:53:19,589 --> 00:53:17,599
arch martial arts studios

1411
00:53:20,470 --> 00:53:19,599
and how they've done research related to

1412
00:53:23,510 --> 00:53:20,480
this

1413
00:53:24,549 --> 00:53:23,520

uh wow besides the pk uh we also have

1414

00:53:26,309 --> 00:53:24,559

people that are going to be talking

1415

00:53:27,510 --> 00:53:26,319

about the subtle energies that i

1416

00:53:29,109 --> 00:53:27,520

discussed

1417

00:53:31,670 --> 00:53:29,119

uh we have presentations that are going

1418

00:53:32,790 --> 00:53:31,680

to be about healing and different

1419

00:53:35,109 --> 00:53:32,800

theories

1420

00:53:37,430 --> 00:53:35,119

and models for healing

1421

00:53:39,030 --> 00:53:37,440

we i mean some really really great

1422

00:53:40,710 --> 00:53:39,040

researchers i'm sorry i didn't

1423

00:53:43,030 --> 00:53:40,720

understand your question originally i

1424

00:53:45,030 --> 00:53:43,040

apologize i wasn't clear on that uh

1425

00:53:47,270 --> 00:53:45,040

that's absolutely fantastic and very

1426
00:53:49,270 --> 00:53:47,280
exciting it's it kind of goes to what

1427
00:53:51,910 --> 00:53:49,280
i'm going to end with but not yet which

1428
00:53:53,910 --> 00:53:51,920
is about the practical effects of a lot

1429
00:53:56,069 --> 00:53:53,920
of this and how we can use it in society

1430
00:53:57,910 --> 00:53:56,079
but we've got several questions that

1431
00:54:00,150 --> 00:53:57,920
i've i've now seen are upvoted so let's

1432
00:54:02,630 --> 00:54:00,160
go ahead and ask some of those i'm going

1433
00:54:05,670 --> 00:54:02,640
to bring one from shane

1434
00:54:08,230 --> 00:54:05,680
uh laridian i believe uh who's a psy

1435
00:54:09,990 --> 00:54:08,240
experiencer and says what resources do

1436
00:54:12,309 --> 00:54:10,000
you recommend for people interested in

1437
00:54:16,470 --> 00:54:12,319
learning forms of energy healing

1438
00:54:20,710 --> 00:54:16,480

so so my research is really uh not based

1439

00:54:23,349 --> 00:54:20,720

on a specific form of healing

1440

00:54:24,870 --> 00:54:23,359

and so i i know that there are there i

1441

00:54:27,190 --> 00:54:24,880

mean you can find websites to talk about

1442

00:54:28,710 --> 00:54:27,200

healing touch talk about reiki

1443

00:54:31,430 --> 00:54:28,720

talk about um

1444

00:54:33,030 --> 00:54:31,440

hands-on healing uh bill benson i know

1445

00:54:34,309 --> 00:54:33,040

someone had asked a little bit about you

1446

00:54:36,950 --> 00:54:34,319

know where can i find information about

1447

00:54:39,750 --> 00:54:36,960

bill benson's work uh i i don't know the

1448

00:54:42,309 --> 00:54:39,760

specific website but if you look if you

1449

00:54:44,950 --> 00:54:42,319

just search for bill bankston and

1450

00:54:47,349 --> 00:54:44,960

healing on the web you can find his

1451
00:54:50,150 --> 00:54:47,359
website and learn more about his method

1452
00:54:51,990 --> 00:54:50,160
he has a really great i'm gonna i'm

1453
00:54:53,349 --> 00:54:52,000
gonna plug his technique because it's

1454
00:54:54,950 --> 00:54:53,359
something that i've learned more

1455
00:54:58,150 --> 00:54:54,960
recently with a group of people at the

1456
00:55:02,150 --> 00:54:58,160
rhine um and we've he has a book called

1457
00:55:05,990 --> 00:55:02,160
uh the energy cure and he also has a

1458
00:55:07,910 --> 00:55:06,000
learning program called hands-on healing

1459
00:55:09,750 --> 00:55:07,920
it takes a long time to learn

1460
00:55:12,069 --> 00:55:09,760
you have to be patient when you're

1461
00:55:13,430 --> 00:55:12,079
learning healing some people will try to

1462
00:55:15,430 --> 00:55:13,440
um

1463
00:55:17,030 --> 00:55:15,440

encourage you to learn reiki in a

1464

00:55:19,190 --> 00:55:17,040

weekend

1465

00:55:22,549 --> 00:55:19,200

you might learn some of the techniques

1466

00:55:24,230 --> 00:55:22,559

but to really understand it and master

1467

00:55:27,030 --> 00:55:24,240

the techniques you really have to spend

1468

00:55:29,510 --> 00:55:27,040

time with it so i if you're looking for

1469

00:55:33,589 --> 00:55:29,520

a way to learn about it

1470

00:55:35,670 --> 00:55:33,599

be patient and take your time with it

1471

00:55:37,990 --> 00:55:35,680

understood understood well uh you know

1472

00:55:40,390 --> 00:55:38,000

what's interesting when you mention that

1473

00:55:41,380 --> 00:55:40,400

uh it reminds me that if i remember

1474

00:55:44,309 --> 00:55:41,390

correctly the

1475

00:55:46,470 --> 00:55:44,319

[Music]

1476

00:55:48,710 --> 00:55:46,480

institutes of

1477

00:55:50,950 --> 00:55:48,720

health sorry what is the the federal

1478

00:55:52,470 --> 00:55:50,960

agency that over sees a lot of these

1479

00:55:55,430 --> 00:55:52,480

things nih

1480

00:55:57,109 --> 00:55:55,440

thank you nih uh and i didn't realize

1481

00:55:59,990 --> 00:55:57,119

this until recently

1482

00:56:01,829 --> 00:56:00,000

uh basically called the question

1483

00:56:03,510 --> 00:56:01,839

with a lot of the energy healing

1484

00:56:05,990 --> 00:56:03,520

organizations and things like that and

1485

00:56:08,150 --> 00:56:06,000

said all right reiki practitioners we're

1486

00:56:10,390 --> 00:56:08,160

basically going to let the states

1487

00:56:12,150 --> 00:56:10,400

essentially license you

1488

00:56:13,270 --> 00:56:12,160

and basically put you out of business if

1489

00:56:14,470 --> 00:56:13,280

you don't come up with your own

1490

00:56:17,670 --> 00:56:14,480

licensure

1491

00:56:19,510 --> 00:56:17,680

and so uh someone i know pointed out

1492

00:56:21,990 --> 00:56:19,520

that they banded together

1493

00:56:23,589 --> 00:56:22,000

and came up with these organizations

1494

00:56:25,349 --> 00:56:23,599

that have essentially come out with

1495

00:56:27,349 --> 00:56:25,359

things like this and so i didn't even

1496

00:56:29,190 --> 00:56:27,359

know this existed when i

1497

00:56:31,109 --> 00:56:29,200

took my reiki certification quite a

1498

00:56:32,710 --> 00:56:31,119

while ago and i haven't done you know

1499

00:56:35,190 --> 00:56:32,720

full research into all of that but it's

1500

00:56:36,950 --> 00:56:35,200

fascinating to see that that's

1501
00:56:39,109 --> 00:56:36,960
even a thing

1502
00:56:41,270 --> 00:56:39,119
so you have that you have all these

1503
00:56:43,829 --> 00:56:41,280
other types of uh

1504
00:56:45,750 --> 00:56:43,839
of studies going on you know the emerald

1505
00:56:47,190 --> 00:56:45,760
gate foundation is is doing a lot of

1506
00:56:49,109 --> 00:56:47,200
things you know

1507
00:56:50,150 --> 00:56:49,119
institute of noaa sciences did their

1508
00:56:52,230 --> 00:56:50,160
energy

1509
00:56:54,630 --> 00:56:52,240
healers pilot study and everything

1510
00:56:57,670 --> 00:56:54,640
you've been doing for years and years at

1511
00:56:59,109 --> 00:56:57,680
rhyme so it's very exciting and people

1512
00:57:00,150 --> 00:56:59,119
should honestly

1513
00:57:02,309 --> 00:57:00,160

come

1514

00:57:03,589 --> 00:57:02,319

to the conference and see those videos

1515

00:57:05,109 --> 00:57:03,599

you were talking about because they can

1516

00:57:06,390 --> 00:57:05,119

see the snippets

1517

00:57:08,309 --> 00:57:06,400

on something and then get those

1518

00:57:10,150 --> 00:57:08,319

questions answered so let's wrap up in

1519

00:57:11,670 --> 00:57:10,160

our final two minutes can you tell us a

1520

00:57:13,430 --> 00:57:11,680

little bit about

1521

00:57:15,750 --> 00:57:13,440

what are your thoughts about practical

1522

00:57:18,069 --> 00:57:15,760

applications for things like

1523

00:57:19,430 --> 00:57:18,079

the healing and the pk and the subtle

1524

00:57:21,589 --> 00:57:19,440

energies what are some things that

1525

00:57:23,990 --> 00:57:21,599

either you have used or you've seen or

1526
00:57:24,950 --> 00:57:24,000
that you dream of as next steps in the

1527
00:57:26,630 --> 00:57:24,960
next

1528
00:57:28,069 --> 00:57:26,640
years for where we're going to take this

1529
00:57:29,829 --> 00:57:28,079
as a society

1530
00:57:31,670 --> 00:57:29,839
well you know mark that's an interesting

1531
00:57:33,510 --> 00:57:31,680
question and i'm going to have to answer

1532
00:57:34,789 --> 00:57:33,520
it this way

1533
00:57:36,230 --> 00:57:34,799
we use it

1534
00:57:38,470 --> 00:57:36,240
all the time

1535
00:57:40,549 --> 00:57:38,480
we heal ourselves

1536
00:57:42,309 --> 00:57:40,559
we we heal naturally i mean we have

1537
00:57:45,030 --> 00:57:42,319
self-healing that occurs

1538
00:57:47,670 --> 00:57:45,040

and there are people who can encourage

1539

00:57:49,990 --> 00:57:47,680

that in other people and help them to

1540

00:57:51,829 --> 00:57:50,000

develop their own healing uh or to

1541

00:57:53,190 --> 00:57:51,839

facilitate an environment for it to

1542

00:57:55,829 --> 00:57:53,200

occur

1543

00:57:56,950 --> 00:57:55,839

in terms of pk or mind matter

1544

00:57:58,309 --> 00:57:56,960

interaction

1545

00:58:00,390 --> 00:57:58,319

it happens

1546

00:58:02,950 --> 00:58:00,400

and in fact the study i did recently

1547

00:58:05,670 --> 00:58:02,960

says it happens unintentionally and it

1548

00:58:08,470 --> 00:58:05,680

affects electronics unintentionally my

1549

00:58:10,309 --> 00:58:08,480

thought is if it's affecting electronics

1550

00:58:12,710 --> 00:58:10,319

from unintentional activity and

1551
00:58:14,309 --> 00:58:12,720
unintentional emotions imagine how it's

1552
00:58:16,390 --> 00:58:14,319
affecting each how we're affecting each

1553
00:58:19,349 --> 00:58:16,400
other

1554
00:58:21,270 --> 00:58:19,359
being cautious and being aware

1555
00:58:23,589 --> 00:58:21,280
that we are having an impact on the

1556
00:58:25,670 --> 00:58:23,599
other people around us and other things

1557
00:58:27,910 --> 00:58:25,680
it's important for us to keep this in

1558
00:58:30,390 --> 00:58:27,920
mind as we go through our normal lives

1559
00:58:32,390 --> 00:58:30,400
all the time so i we don't have i don't

1560
00:58:34,069 --> 00:58:32,400
see a way that we have to develop ways

1561
00:58:36,069 --> 00:58:34,079
to apply this we are

1562
00:58:38,789 --> 00:58:36,079
what we need to develop is knowledge and

1563
00:58:41,109 --> 00:58:38,799

awareness of it uh one final thing i

1564

00:58:42,710 --> 00:58:41,119

want to say before before we close up is

1565

00:58:44,069 --> 00:58:42,720

you know when i did this uh you know a

1566

00:58:47,109 --> 00:58:44,079

year ago and i

1567

00:58:49,670 --> 00:58:47,119

you know most of what i said there is i

1568

00:58:51,109 --> 00:58:49,680

i stand by everything that i said there

1569

00:58:51,910 --> 00:58:51,119

but there's an additional thing i

1570

00:58:53,589 --> 00:58:51,920

learned

1571

00:58:55,990 --> 00:58:53,599

and that's that when you're doing

1572

00:58:57,829 --> 00:58:56,000

healing or when you're doing any sort of

1573

00:59:00,549 --> 00:58:57,839

activity like this

1574

00:59:02,549 --> 00:59:00,559

what seems to be most effective

1575

00:59:04,950 --> 00:59:02,559

is doing it playfully

1576

00:59:07,190 --> 00:59:04,960

enjoying it rather than taking it

1577

00:59:08,630 --> 00:59:07,200

seriously and focusing it

1578

00:59:12,390 --> 00:59:08,640

have fun with it

1579

00:59:15,030 --> 00:59:12,400

because healing occurs much more easily

1580

00:59:16,710 --> 00:59:15,040

when we are enjoying ourselves

1581

00:59:18,150 --> 00:59:16,720

so that's where i would like to close

1582

00:59:21,109 --> 00:59:18,160

today thanks mark

1583

00:59:24,150 --> 00:59:21,119

that's fantastic what a great way to end

1584

00:59:26,390 --> 00:59:24,160

our session and thank you so much for

1585

00:59:28,150 --> 00:59:26,400

all of the work you have done throughout

1586

00:59:30,630 --> 00:59:28,160

your whole life for everything you've

1587

00:59:32,630 --> 00:59:30,640

contributed to the field to today's

1588

00:59:34,230 --> 00:59:32,640

presentation to the

1589

00:59:36,870 --> 00:59:34,240

conference that's coming up to all the

1590

00:59:38,950 --> 00:59:36,880

work you're doing at the rhine just over

1591

00:59:41,670 --> 00:59:38,960

everything you know so thank you so much

1592

00:59:43,349 --> 00:59:41,680

really appreciate it obviously more over

1593

00:59:45,430 --> 00:59:43,359

the next couple weeks so

1594

00:59:47,109 --> 00:59:45,440

absolutely absolutely with that i think

1595

00:59:48,470 --> 00:59:47,119

we'll go ahead and close our session

1596

00:59:50,309 --> 00:59:48,480

because we have another one that we're

1597

00:59:52,230 --> 00:59:50,319

going to immediately go into so let's

1598

00:59:54,390 --> 00:59:52,240

end this session and start our next one